



手术前应避免使用的药物

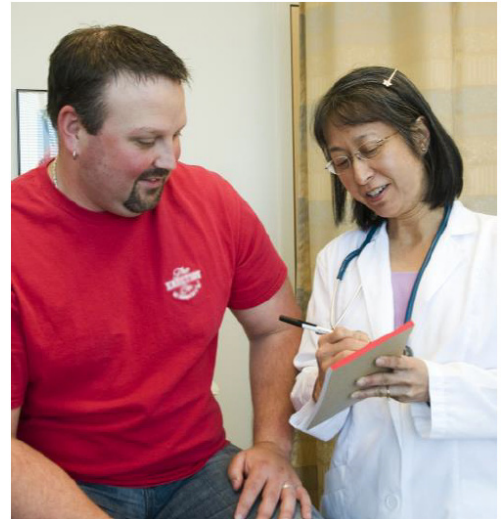
当您的医生告诉您应避免使用某些药物或营养补充剂以预防出血问题

本手册列出手术前应避免使用的具体药物和营养补充剂一览表。请与您的医生一起检查您正在使用的所有药物。

为手术做好准备

为了预防出血问题，您的医生可能要求您在手术前停止使用一些处方药、非处方药和草药。

与您的医生一起检查您正在使用的所有药物和营养补充剂。



手术前，请务必与您的医生一起检查您正在使用的所有药物和营养补充剂。

重要事项： 在您停止使用这些用于预防凝血、心脏病发作或中风的抗血小板处方药之前，请向您的医生咨询：

- Aspirin
- Clopidogrel (Plavix)
- Dipyridamole (Persantine)
- Dipyridamole/aspirin (Aggrenox)
- Prasugrel (Effluent)
- Ticagrelor (Brilinta)

重要事项： 在您停用或重新开始使用这些抗凝（血液稀释）处方药之前，必须遵守特别指示。请向您的医生或抗凝诊所询问这些指示。

- Apixaban (Eliquis)
- Dabigatran (Pradaxa)
- Dalteparin (Fragmin)
- Edoxaban (Savaysa)
- Enoxaparin (Lovenox)
- Fondaparinux (Arixtra)
- Rivaroxaban (Xarelto)
- Warfarin (Coumadin)

避免使用下列产品

您需要**在手术前后**避免使用下列产品。以下是您的医生的特别指示。

- 手术**前**_____天停止使用本手册中所列的产品。
- 您可以在手术后_____天恢复使用这些产品。
- 您可以在需要时因轻微的疼痛服用对乙酰氨基酚（acetaminophen（Tylenol））。

请注意，本手册中的列表并非完整的列表。其他产品或营养补充剂也可能造成出血问题。如果您对具体产品有疑问，请向您的医生咨询。

☐ 含阿司匹林（aspirin）或其他水杨酸（salicylate）的处方止痛药：

- | | |
|--------------------------|--------------------|
| - Ascomp（含可待因（codeine）） | - Percodan 产品 |
| - Carisoprodol 化合物 | - Salsalate 产品 |
| - Empirin（含可待因（codeine）） | - Soma 产品 |
| - Fiorinal | - Trisalicylate 产品 |
| - Lanorinal | - Zorprin |

☐ 含非类固醇抗炎剂处方止痛药：

- | | |
|------------------------------------|--------------------------------|
| - Diclofenac (Volataren, Cataflam) | - Mefenamic Acid (Ponstel) |
| - Etodolac (Lodine) | - Meloxicam (Mobic) |
| - Fenoprofen (Nalfon) | - Nabumetone (Relafen) |
| - Flurbiprofen (Ansaid) | - Naproxen (Naprosyn, Anaprox) |
| - Ibuprofen (Motrin) | - Oxaprozin (Daypro) |
| - Indomethacin (Indocin) | - Piroxicam (Feldene) |
| - Ketoprofen (Orudis, Oruvail) | - Sulindac (Clinoril) |
| - Ketorolac (Toradol) | - Tolemetin (Tolectin) |
| - Meclofenamate (Meclomen) | |

☐ 其他处方止痛药：

- | | |
|------------------------|-----------------------|
| - Celecoxib (Celebrex) | - Valdecoxib (Bextra) |
|------------------------|-----------------------|

❑ 含阿司匹林（aspirin）或水杨酸（salicylate）的非处方产品：

- | | |
|-------------------|--------------------|
| - Alka-Seltzer 产品 | - Empirin |
| - Anacin | - Excedrin 产品 |
| - Bayer 产品 | - Fem-prin |
| - Buffasal | - Halfprin |
| - Bufferin | - Miniprin |
| - Buffinol | - Pain-off |
| - Doan's | - Pepto-Bismol |
| - Durlaza | - Saleto |
| - Ecotrin | - St. Joseph Adult |
| - Ecpirin | - Vanquish |

❑ 含非类固醇抗炎药的非处方产品：

- | | |
|----------------|--------------|
| - Advil 产品 | - Midol 加强剂量 |
| - Aleve 产品 | - Motrin |
| - Ibuprofen 产品 | - Naproxen |

草药产品和其他天然营养补充剂

手术前 7 天开始 停止使用 所有：

- 草药产品
- 天然营养补充剂
- 维生素
- 其他营养补充剂

获得您的医生同意后，您可以重新开始使用这些产品。

下一页中有一份可能使出血加剧的食物、草药和天然产品列表。**如果您在接受手术，使用以下产品特别有害。**

❑ 手术过程中和手术后可能造成出血问题的食物、天然营养补充剂

有问题吗？

你的问题非常重要。如果你有任何问题或担忧，请打电话给你的医生或健康护理服务提供者。

华盛顿大学医疗中心门诊药房
(UWMC Outpatient
Pharmacy): 206.598.4363

西雅图癌症护理联盟药房
(SCCA Pharmacy):
206.288.6500

Medicines to Avoid Before Surgery

When your doctor tells you to avoid certain medicines or supplements, to prevent bleeding problems

This handout lists specific medicines and supplements that you should avoid before your surgery. Please review with your doctor all medicines that you are taking.

Getting Ready for Surgery

To prevent bleeding problems, your doctor may want you to stop taking some prescription, nonprescription, and herbal medicines before your surgery.

Review with your doctor all medicines and supplements you are taking.



Before your surgery, make sure you review with your doctor all medicines and supplements you are taking.

IMPORTANT: Talk with your doctor BEFORE you stop taking these prescription anti-platelet drugs used to prevent blood clots, heart attack, or stroke:

- Aspirin
- Clopidogrel (Plavix)
- Dipyridamole (Persantine)
- Dipyridamole/aspirin (Aggrenox)
- Prasugrel (Effluent)
- Ticagrelor (Brilinta)

IMPORTANT: These prescription anticoagulant (blood-thinning) drugs require special instructions before you stop or restart taking them. Ask your doctor or Anticoagulation Clinic for instructions.

- Apixaban (Eliquis)
- Dabigatran (Pradaxa)
- Dalteparin (Fragmin)
- Edoxaban (Savaysa)
- Enoxaparin (Lovenox)
- Fondaparinux (Arixtra)
- Rivaroxaban (Xarelto)
- Warfarin (Coumadin)

Avoid the Products Listed Below

You will need to avoid the products listed below **in the days before and after surgery**. Here are your specific instructions from your doctor:

- Stop taking the products listed in this handout ____ days **before** your surgery.
- You may resume taking these products ____ days after your surgery.
- You may take acetaminophen (Tylenol) as needed for minor aches and pains.

Please note that the lists in this handout are not complete. Other products or supplements may also cause bleeding problems. Check with your doctor if you have questions about specific products.

☐ **Prescription pain-relief drugs that contain aspirin or other salicylates:**

- | | |
|-------------------------|--------------------------|
| - Ascomp with codeine | - Percodan products |
| - Carisoprodol compound | - Salsalate products |
| - Empirin with codeine | - Soma products |
| - Fiorinal | - Trisalicylate products |
| - Lanorinal | - Zorprin |

☐ **Prescription pain-relief drugs that contain nonsteroidal anti-inflammatory agents:**

- | | |
|------------------------------------|--------------------------------|
| - Diclofenac (Volataren, Cataflam) | - Mefenamic Acid (Ponstel) |
| - Etodolac (Lodine) | - Meloxicam (Mobic) |
| - Fenoprofen (Nalfon) | - Nabumetone (Relafen) |
| - Flurbiprofen (Ansaid) | - Naproxen (Naprosyn, Anaprox) |
| - Ibuprofen (Motrin) | - Oxaprozin (Daypro) |
| - Indomethacin (Indocin) | - Piroxicam (Feldene) |
| - Ketoprofen (Orudis, Oruvail) | - Sulindac (Clinoril) |
| - Ketorolac (Toradol) | - Tolemetin (Tolectin) |
| - Meclofenamate (Meclomen) | |

☐ **Other prescription pain-relief drugs:**

- | | |
|------------------------|-----------------------|
| - Celecoxib (Celebrex) | - Valdecoxib (Bextra) |
|------------------------|-----------------------|

❑ **Nonprescription products that contain aspirin or salicylate:**

- Alka-Seltzer products
- Anacin
- Bayer products
- Buffasal
- Bufferin
- Buffinol
- Doan's
- Durlaza
- Ecotrin
- Ecpirin
- Empirin
- Excedrin products
- Fem-prin
- Halfprin
- Miniprin
- Pain-off
- Pepto-Bismol
- Saleto
- St. Joseph Adult
- Vanquish

❑ **Nonprescription products that contain nonsteroidal anti-inflammatory drugs:**

- Advil products
- Aleve products
- Ibuprofen products
- Midol Extra Strength
- Motrin
- Naproxen

Herbal Products and Other Natural Supplements

Starting 7 days before your surgery, stop taking ALL:

- Herbal products
- Natural supplements
- Vitamins
- Other supplements

You may start taking them again when your doctor says it is OK.

On the next page is a list of foods, herbs, and natural products that may cause extra bleeding. **These products are especially harmful to take if you are having surgery.**

❑ **Foods, natural supplements, and herbs that may cause bleeding problems during and after surgery:**

- | | | |
|---------------------|---------------------------------|---------------------------|
| - Agrimony | - Dandelion | - Onion |
| - Alfalfa | - Danshen (salvia) | - Pantethine |
| - Aniseed | - Devil's claw | - Papain (papaya extract) |
| - Arnica | - Dihydroepiandrosterone (DHEA) | - Parsley |
| - Artemesia | - Dong quai (angelica) | - Passionflower |
| - Asa foetida | - Fenugreek | - Policosanol |
| - Bishop's weed | - Feverfew | - Poplar |
| - Bladderwrack | - Fish oil | - Prickly ash |
| - Bochu | - Flax seed | - Quassia |
| - Bogbean | - Gamma linoleic acid | - Red clover |
| - Boldo | - Garlic | - Resveratrol |
| - Bromelains | - Ginger | - Sea buckthorn |
| - Burdock | - Ginkgo | - Sweet clover |
| - Capsicum | - Ginseng | - Sweet woodruff |
| - Cassia | - Glucosamine | - Tonka beans |
| - Celery seed | - Horse chestnut | - Turmeric |
| - Chamomile | - Horseradish | - Vinpocetine |
| - Chinese wolfberry | - Licorice | - Vitamin E |
| - Chondroitin | - Meadowsweet | - Wild carrot |
| - Clove | - Melatonin | - Wild lettuce |
| - Cod liver oil | - Melilot | - Willow bark |
| - Coltsfoot | - Nattokinase | |

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

UWMC Outpatient Pharmacy:
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206.288.6500