Ointment Applicators

For putting lotion or cream on your back

This handout describes 2 types of applicators that you may find helpful for putting ointment on your back.

There are many other applicators available. The brands listed in this handout are just a few that you may want to try.

Your dermatologist has prescribed an ointment for your back, an area that is hard to reach. You may want to buy an applicator to help you apply the lotion or cream.

There are 2 basic types of applicators: roller applicators and foam head applicators.

Roller Applicators

Roller applicators last a long time, but you cannot control how much ointment you apply. You put lotion in them, and it is released as you roll the applicator over your skin.

- **Roll-A-Lotion** body lotion applicator is available online at these websites:
  - www.Amazon.com for $12.95*
  - www.HarrietCarter.com for $9.98*

Roll-A-Lotion body lotion applicator
Foam Head Applicators

Foam head applicators do not last as long as roller applicators, but you can rub ointments in better with them.

- **AquaBella Easy Lotion Applicator** is available online at these websites:
  - [www.Amazon.com](http://www.amazon.com) for $5.49*
  - [www.BedBathandBeyond.com](http://www.bedbathandbeyond.com) for $5.99*

![AquaBella Easy Lotion Applicator](image)

*Prices as of early December 2010.

- **LotionPuff** is available at [lotionpuff.com](http://lotionpuff.com) for $14.95*

![LotionPuff body lotion applicator](image)

- **Body Reach Plus** bendable body wands are available at [lotionapplicators.com](http://lotionapplicators.com) for $14.95 to $24.95*

![Body Reach Plus bendable body wand](image)

Questions?

Your questions are important. Call your doctor or health care provider if you have questions or concerns. UWMC clinic staff are also available to help.

Dermatology Center: 206-598-5065

*Prices as of early December 2010.