### Otolaryngology/Head and Neck Surgery CareMap

**For patients with a tracheostomy tube**

#### Day 0: OR to ICU
- Moved to ICU after surgery
- Breathing tube through neck
- Drains in place

#### Day 1: ICU to 4NE
- Stomach feeding tube placed
- Pain under control
- Central line catheter placed
- Off breathing machine
- Out of bed to chair, if able

#### Day 2: 4NE
- Feeding begins through stomach tube
- Continue feeding through stomach tube
- Able to cough out secretions on your own

#### Day 3: 4NE
- Nurse (RN) and Respiratory Therapist provide trach care and suction as needed
- Drains suction fluids from surgery site
- Assisted bath
- Move out of ICU to 4-Northeast (4NE) Unit

#### Day 4: 4NE
- If able to swallow, begin drinking fluids by mouth
- May fit leg boot
- May fit arm splint
- Trach tube removed
- All drains and IV lines removed
- Discharge from the hospital

#### Day 5: 4NE
- If able to swallow, begin drinking fluids by mouth
- May fit leg boot
- May fit arm splint
- Trach tube removed
- All drains and IV lines removed
- Discharge from the hospital

#### Day 6: 4NE
- Eat liquid foods
- Discharge transportation planned
- May fit arm splint

#### Day 7: Discharge
- Ask questions about anything you are not sure about
- Trach tube removed
- All drains and IV lines removed
- Discharge from the hospital

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**Every Day During Hospital Stay**

- Pressure ulcer prevention
- Wearing sequential compression devices (SCDs)

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