1. If you want only a Preventive Health Visit or only a Problem-Based Visit today, write #1 in that box below.

2. Or, if you want to both have a preventive health visit and talk about other health problems today, write #1 in the box for the main reason you are here. Write #2 in the box for the second reason.
   a. During your visit, we will make sure we cover the #1 reason you are here today.
   b. If we have time to cover both your #1 and #2 reasons today, your insurance may be billed for 2 visits. (Insurance plans cover preventive health visits and problem-based visits in different ways.)
   c. If there is not enough time to take care of both issues today, we will help you set up a visit for another day. We will take care of the issues you marked as #2 at that visit.

☐ Preventive Health Visit (wellness visit or annual physical) to create your personal care plan for screening, prevention, and counseling based on national guidelines for your age, risk factors, and screening history, for these issues:
   • Common cancers such as breast, cervical, colon, and lung
   • Common medical conditions: diabetes, osteoporosis (brittle bones), heart disease & stroke
   • Common safety issues
   • Routine vaccines
   • Sexual health such as screening for sexually transmitted infections or refilling birth control prescription

This visit can include refilling your usual prescriptions (if no major changes are needed).

Are you here for “Welcome to Medicare” or “Medicare Wellness” Visit? ☐ Yes ☐ No

Are you due for a Pap test today? ☐ Yes ☐ No ☐ Not sure

☐ Problem-Based Visit (consult, evaluation, treatment, re-check, or follow-up):

Please check what you want to talk about or have done today. You may check more than 1 box:
   ☐ Evaluating new or ongoing health problem(s)
   ☐ Treating new or ongoing health problem(s)
   ☐ Medicine issues such as changing medicines, or refilling prescriptions without a Preventive Health Visit
   ☐ Tests or screenings that are not listed under Preventive Health Visit
   ☐ Referral(s) for anything not listed under Preventive Health Visit
   ☐ Forms you need filled out, such as FMLA, Disability, Travel, Adoption, or Sports
   ☐ Office procedure (such as a biopsy, wart treatment, or putting in or removing an IUD)
   ☐ Other

Planning Today’s Visit
At Women’s Health Care Center

© University of Washington Medical Center
Published PFES: 01/2017
Clinician Review: 01/2017
Reprints on Health Online: https://healthonline.washington.edu