Shuttle Services

**Health Sciences Express** buses and vans link University of Washington Medical Center (UWMC) and Seattle Children’s, UW Tower, UWMC Hospitality House, Roosevelt Clinic, Harborview Medical Center, and Seattle Cancer Care Alliance. Schedules are available at UWMC’s Information Desk on the 3rd floor of the hospital, [206-598-6555](tel:206-598-6555).

**Airport shuttle services** are listed in the yellow pages under “Airport Transportation.”

**Taxi Services**

Seattle taxicab companies are listed in the yellow pages under “Taxicabs.” If you want to travel home from the hospital in a taxi, call the company you want to use ahead of time for a cost estimate. Make arrangements with the taxi company ahead of time if you need to pay by check or credit card.

**Volunteer Programs**

These services must be scheduled in advance and depend on volunteer availability. Age, income, or diagnosis criteria may apply.

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>American Cancer Society</strong></td>
<td>800-227-2345</td>
</tr>
<tr>
<td><strong>Catholic Community Services, Volunteer Chore Services</strong></td>
<td>888-649-6850</td>
</tr>
<tr>
<td><strong>King County Senior Services Volunteer Transportation</strong></td>
<td>800-282-5815</td>
</tr>
</tbody>
</table>

Questions?

Your questions are important. UWMC Health Information Resource Center (HIRC) and UWMC Social Work and Care Coordination staff are available to help.

The HIRC, on the main (3rd) floor of the hospital, has computers and staff to help you find transportation information. Call 206-598-7960.

**Social Work and Care Coordination:** 206-598-4370

**Transportation Resources**

In the greater Seattle area

**Cabulance Services**

Cabulances are helpful for people who have a hard time moving from a wheelchair into a vehicle. Some local companies are listed below. Most charge both pick-up and mileage fees. Most insurances, including Medicare, do **not** pay for cabulance services.

<table>
<thead>
<tr>
<th>Company</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Medical Response</td>
<td>800-840-4255</td>
</tr>
<tr>
<td>Cascade Cabulance</td>
<td>800-767-1717</td>
</tr>
<tr>
<td>Northwest Transport</td>
<td>800-600-9225</td>
</tr>
<tr>
<td>Puget Sound Cabulance</td>
<td>206-365-3121</td>
</tr>
<tr>
<td>Rural Metro</td>
<td>800-989-9993</td>
</tr>
<tr>
<td>Tri-Med Cabulance</td>
<td>888-448-1232</td>
</tr>
</tbody>
</table>

**Ferries**

If you have a severe illness or disability and a delay in ferry access could be a health risk, you may qualify for the Medical Preferential Loading Program. Ask your social worker or health care provider to fill
out and fax the required form. You will receive a copy of the form to show at the docks when you travel.

For ferry fares and schedules, visit www.wsdot.wa.gov/ferries.

FindARide.org
This online service provided by Sound Transit allows you to search a database of transportation resources in the central Puget Sound region. Visit www.findaride.org or call 800-201-4900 (TTY: 888-713-6030).

Greyhound Bus
Greyhound is a low-cost way to travel long distances. For 24-hour rider information, call 800-231-2222 or visit www.greyhound.com.

Medical Coupons
If you have Washington State Medicaid transportation benefits, your local broker can help you find the best transportation to your medical appointments. Gas and local lodging costs may be covered if you have a referral from your local doctor. Call your county broker (see list below) at least 48 hours before your medical appointment. More advance notice is needed for gas or lodging support. Your health care provider must call if you need to book short-notice rides.

Coast Transportation - Aositin, Garfield, Whitman  509-397-2935
Hopelink - Seattle-King  800-923-7433
Human Services Council - Clark, Cowlitz, Klickitat, Skamania, Wahkiakum  360-694-9997

Northwest Regional Council Area  800-860-6812
Agency on Aging - Island, San Juan, Skagit, Whatcom
Paratransit - Clallam, Jefferson, Kitsap, Mason-North  800-756-5438
Grays Harbor, Lewis, Mason-South, Pacific, Thurston  800-846-5438
Pierce  800-925-5438
Snohomish  877-852-2580
People for People - Benton, Columbia, Franklin, Kittitas, Walla Walla, Yakima  800-233-1624
Special Mobility Services - Adams, Grant, Ferry, Lincoln, Pend Oreille, Spokane, Stevens  800-892-4817
Trancare - Chelan, Douglas, Okanogan  800-352-8726

Metro Bus System (King County)
Metro buses are a low-cost and handy travel option. Bus schedules are inside the main entrance to the hospital (3rd floor). Metro also serves Sea-Tac Airport.
For help planning rides, call Metro's 24-hour rider information line: 206-553-3000 (TT/TTY: call the statewide relay at 711).
For more information or to buy a bus pass online, visit www.transit.metrokc.gov.

ADA Paratransit Program
The Americans with Disabilities Act (ADA) Paratransit Program serves persons age 6 and up who cannot use regular bus service some or all of the time due to disability. Under some conditions, you may bring a personal care attendant or companion on your trip. You must apply for Paratransit services in your county.

This program also provides next-day, shared rides on ACCESS Transportation during the times, on the days, and in the areas Metro offers non-commuter bus service. Riders who qualify may also travel to nearby counties when the similar service is offered.
To apply for ACCESS or Paratransit, call Metro's Accessible Services office at 206-263-3113.

Paratransit OPTIONS Program
The OPTIONS Program serves low-income King County residents age 18 and up who have a Regional Reduced Fare Permit (RRFP). If you live more than 3 blocks away from a bus stop, you can also get weekday rides on ACCESS Transportation in your local area.
If you do live within 3 blocks of a bus stop, you are not eligible for this service unless you also qualify for the ADA Paratransit Program. With OPTIONS, you may also buy a limited number of reduced-fare taxi ticket (scrip) books.
For RRFP information, call 206-553-3060 or visit www.transit.metrokc.gov. Click “Travel Options,” then “Transportation Resources Index,” then “Seniors, Disabled, Low-Income Programs.”

Private-Pay Services
Some home care agencies provide help with errands or transportation, for a fee. In King County, Senior Services Information & Assistance provides a list of agencies. Call 206-448-3110 or 888-435-3377, or visit www.seniorservices.org.
Similar services may also be available in your home county.