



病人教育

人類發育與殘疾中心



兒童發育診所

兒童評估組

本手冊介紹在華盛頓大學醫學中心 (UWMC) 兒童發育診所的醫護人員如何為你和你孩子提供服務。該診為人類發育與殘疾中心的一部分。

診所簡介

兒童發育診所為那些其家人擔心存在發育缺陷的兒童提供診斷、評估和建議。求診要求是由家人、護士、醫生、治療師、老師和社會服務機構提出。我們的服務對象大多是 3~15 歲的兒童，但有時也接待年齡更小或更大的兒童。我們通常接待那些已經接受過家庭醫生和學校評估的兒童。

評估組

下列人員中的全部或其中一部分可能參與對你孩子進行的體檢：

- **診所護士或醫療助理**負責測量你孩子的身高、體重、頭圍和血壓。
- **兒科醫生**，該醫生接受過發育殘疾方面的培訓，負責詳細詢問家族史和病史，執行徹底的體檢和神經病學檢查。該醫生將與你討論由其他專科醫生提供的任何諮詢情況。
- **心理醫生**負責評估你孩子解決問題的能力、學習社交技巧的能力、學習成績、記憶力和情感健康等。心理評估通常包括對你孩子進行標準測試和行為觀察。也可能會與你面談，並請你填寫問卷。



有任何問題？

請致電 206-598-3327

你的問題很重要。如果你有任何問題或擔憂，請致電你的醫生或醫療服務提供機構。UWMC 診所的工作人員亦可隨時提供幫助。

兒童發育診所電話：
206-598-3327

傳真：206-598-7815

- **職業治療師或理療師**負責評估你孩子的**粗肌動技能** (gross motor skills)，例如行走和跳躍，**細肌動技能** (fine motor skills)，例如抓握和書寫。評估內容還可能包括檢查你孩子參加各種活動的能力，例如遊戲、進食或穿衣等。此外，還可進行感官方面的評估。
- **營養師**會詢問你孩子的食物攝取和進食習慣，計算攝入的能量 (卡路里) 和營養，並記錄臂圍和皮褶測量結果。
- **言語/語言病理學醫生**運用多種不同的標準測試和遊戲活動來評估你孩子的言語和語言發育情況，並對傾聽和理解（接受性）技能和溝通（表達性）技能進行評估。
- **聽覺治療師**（聽覺專科醫生）以精準的方法對測試你孩子的聽覺。
- **社工**將和你討論你對於自己孩子受評估抱有哪些目標，以及你希望通過評估獲得些什麼。此外還會與你討論你孩子的發育與行為、優勢與劣勢、自我意識等。該社工還會詢問有關你的家庭角色、相互關係、教養方式、文化信仰等情況。這些資訊提供給評估組，藉以幫助評估組瞭解家人的關注事項、目標和期望等。

兒童發育診所經由聯邦政府批准，向專業醫護人員提供高級培訓。你和你的孩子在本診所求醫期間，將至始至終都會受到診所工作人員的照護，而你可能看的實習醫生也會受到本診所工作人員的監督。

評估結果

評估完成後，評估組成員將開會討論評估結果，然後就以下方面提出建議：

- 醫療，包括化驗、藥物和其他治療等
- 教育計劃
- 社區資源，例如父母支援團體或社會服務仲介機構
- 對評估結果進行跟進，例如轉診至專科醫生或行為專家
- 幫助你的家庭有效地滿足你孩子的各種需求

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Your Child's Assessment Team
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Your Child's Assessment Team

At the Child Development Clinic

This handout describes the team that will work with you and your child at the Child Development Clinic at University of Washington Medical Center (UWMC). This clinic is part of The Center on Human Development and Disability.

About Our Clinic

The Child Development Clinic provides diagnosis, assessment, and recommendations for children whose families have concerns about developmental disabilities. Requests for consultation come from family members, nurses, doctors, therapists, teachers, and social service agencies. Mostly, we see children who are 3 to 15 years old, but sometimes we see younger or older children. We usually see children who have already been evaluated by their primary care providers and school programs.

The Assessment Team

Some or all of these health care providers may be involved in your child's care:

- A **clinic nurse** or **medical assistant** measures your child's height, weight, head circumference, and blood pressure.
- A **developmental pediatrician**, a doctor trained in developmental disabilities, takes a detailed family and medical history and does a thorough physical and neurological exam. This doctor will talk with you about any consultations with other medical specialists.
- A **psychologist** assesses your child's ability to solve problems and learn social skills, as well as their academic achievement, memory, and emotional well-being. A psychological assessment usually involves standard tests and behavioral observations of your child. You may also be interviewed and asked to complete questionnaires.



Questions?

Call 206-598-3327

Your questions are important. Call your doctor or health care provider if you have questions or concerns. UWMC clinic staff are also available to help.

Child Development
Clinic: 206-598-3327

Fax: 206-598-7815

- An **occupational** or **physical therapist** evaluates how your child does in *gross motor skills* like walking and jumping and *fine motor skills* like grasping and writing. Assessment may also include looking at your child's ability to take part in activities such as play, eating, or dressing. Sensory concerns can also be evaluated.
- A **nutritionist** asks about your child's food intake and eating habits. Energy (calories) and nutrients may be calculated. Arm circumference and skin-fold measurements may be recorded.
- A **speech/language pathologist** uses many different standard tests and play activities to evaluate your child's speech and language development. Listening and understanding (*receptive*) and communication (*expressive*) skills will be assessed.
- An **audiologist** (a hearing specialist) tests your child's hearing in a very accurate way.
- A **social worker** will talk with you about your goals for having your child assessed and what you hope to gain from the evaluation. The social worker will also talk with you about your child's development and behavior, areas of strengths and limitations, and self-concept. The social worker will also ask you questions about your family roles, relationships, parenting practices, and cultural beliefs. This information will be given to the team to help understand family concerns, goals, and expectations.

The Child Development Clinic has a grant from the federal government to provide advanced training to health professionals. You and your child will always be seen by clinic staff when you receive care here. The trainees you may see will be supervised by staff.

Assessment Results

After the evaluation, team members will meet to discuss their findings. They will then make recommendations for:

- Medical care, including tests medicines, and other treatments
- Educational planning
- Community resources, such as parent support groups or social service agencies
- Resources that support the assessment results, such as referrals to an occupational or behavioral specialist
- Ways to help your family effectively advocate for your child's needs

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