

Rehabilitation Neuropsychology Screening Service

For patients at Alvord Brain Tumor Center (ABTC)

What is neuropsychology?

Neuropsychology is the study of the connection between the brain and behavior. Imaging tests such as MRI scans give a picture of brain structures, but they do not always describe how the brain works. Neuropsychology can help patients understand their thinking skills and how their brain works. Knowing this information can help many patients improve their daily lives.

What is the ABTC Rehabilitation Neuropsychology Screening Service?

The goal of the ABTC Rehabilitation Neuropsychology Screening Service is for you and your ABTC care team to learn about your strengths and weaknesses, and how your brain works. This service helps identify your thinking skills, such as memory, attention, and language. This information will help us develop ways to support you in your daily life.

What will happen during the evaluation?

- During the evaluation, you will meet with a clinical *neuropsychologist* for about 2 hours. A neuropsychologist is a clinical expert in psychology who is trained to evaluate thinking skills. This meeting will include:
 - **A brief interview** to help us learn what you think about your thinking skills.
 - **About 90 minutes of testing your thinking skills.** You will complete activities with the neuropsychologist such as answering questions, remembering information, and other tasks.

Questions?

Your questions are important. Please ask your ABTC care team if a neuropsychological evaluation might be helpful for you at this time.

For questions or to learn more about the service, call 206.598.2282.

What will happen after the evaluation?

- You will have a follow-up appointment to give you feedback on:
 - Your unique strengths and weaknesses.
 - Personalized recommendations for ways to make the most of your independence and quality of life.

We encourage family members and caregivers to attend the interview and follow-up portions of the screening process. You must complete the testing portion without family or caregivers present.