



Durable Medical Equipment (DME) for Activities of Daily Living (ADL)

This handout shows images of durable medical equipment (DME) to help with activities of daily living (ADL) after total hip or knee replacement surgery. These are products that can be purchased locally or online. Please note: the equipment in “Hip Kits” can vary. Some may come with all this equipment, while others may not.

Dressing Stick	
Leg Lifter	
Reacher	
Sock/Stocking Aid	
Long-handled Shoe Horn	

<p>Raised Toilet Seat (with and without arms)</p>	
<p>All-in-one Commode</p>	
<p>Tub Bench (for tub-shower combination)</p>	
<p>Shower Chair (for walk-in shower)</p>	

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

Hip & Knee Center at Meridian Pavilion: Call 206.668.6360

For urgent needs when the clinic is closed: Call 206.598.6190 and ask to page the Orthopedic resident on call.