## Admission to Hospital
- Admitted to Cardiothoracic Intensive Care Unit (CTICU/CCU) or telemetry unit such as 5-Northeast (5NE) or 6-Northeast (6NE)
- Advance Heart Failure (HF) Medical Team provides your care
- Visit with Surgical Care Team, if needed
- Peripherally inserted central catheter (PICC) line placed, if needed
- Intravenous (IV) therapy started for HF medicines and fluids
- Begin HF workup labs and tests
- No eating or drinking by mouth before testing
- Weigh daily
- Cardiac activity and vital signs monitored
- Out of bed, if able
- Participate in HF education with: Nurses, Pharmacists, HF Care Team

### Goals:
**Understand and restate:**
- HF diagnostic tests and workup procedures
- Plan of care for day
- Goal discharge date

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## ICU Stay
- If first admitted to CTICU/CCU, transfer to 5NE or 6NE unit when stable
- HF Care Team continues your care
- Receive diagnosis and begin treatment plan
- Continue with HF medicines
- Begin anticoagulation (blood-thinning) plan, if prescribed
- May be able to advance diet, but with fluid restrictions
- Weight and vital signs monitored
- HF Care Team visits:
  - Exercise with Physical Therapist (PT)
  - Teaching with HF Transitions Nurse
  - Counseling with Dietitian
  - Talk with Social Worker about discharge plan
- Receive education packet from nurse
- Continue HF education

### Goals:
**Understand and restate:**
- HF symptoms improve
- How treatment is progressing
- Daily care goals and follow-up plan
- What medicines you are taking and what they do
- Goal discharge date

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## Acute Unit Stay
- See Cardiothoracic Surgeon from Mechanical Circulatory Support (MCS) Team, if needed
- HF Medical Care Team continues your care
- Receive a Palliative Care Screen, if needed
- Continue anticoagulation plan, if prescribed
- Advance diet as able
- Monitor weight and vital signs
- Continue PT exercises and walk, as able

### Goals:
- Track and take part in daily weights and vital signs
- Discharge plan confirmed
- Follow-up visits scheduled
- Patient and caregivers understand and restate:
  - HF treatment and follow-up plans
  - Any changes in HF treatments during your hospital stay
  - HF medicines and what they do
  - Goal discharge date
  - Schedule of follow-up visits

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## Discharge Day
- Visit with HF Care Team
- PICC or IV lines removed
- Receive education and review medicines with pharmacist
- Receive final written discharge instructions:
  - Activity
  - Diet
  - Follow-up, including provider visits
  - Blood pressure (BP) and weight monitoring
  - Who and when to call in an emergency

### Goals:
- Discharge
- Pick up new discharge medicines from UWMC Pharmacy

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