

After Your Manometry of the Rectum

Self-care and warning signs



This handout gives instructions to follow after having a manometry of the rectum.



Scan for a digital copy of this handout.

Self-care

- You can start eating and doing your normal activities again right after your procedure.
- It is normal to have a small amount of pink mucus in your next bowel movement (poop).

When to Call

Problems after this procedure are rare. Call us right away if you have:

- A fever of 100.5°F (38°C) or higher
- Bleeding from your rectum
- Pain in your abdomen (belly)
- Chills, vomiting, or other unusual symptoms

Questions?

Your questions are important. Call your provider if you have any questions or concerns.

- **On weekdays from 7 a.m. to 5 p.m.**, call the Center for Esophageal and Gastric Surgery Lab, 206.598.7350.
- **After hours and on weekends and holidays**, call 206.598.6190 and ask for the “Surgery O” team member on call to be paged.