

After Your SPINRAZA Injection

Important instructions



Scan for a
digital copy of
this handout.

Safety Instructions

If you had medicine to help you relax or to relieve pain during the biopsy:

- You must have a responsible adult drive you home after your procedure.
- For the next 24 hours:
 - Do **not** drive a car.
 - Do **not** drink alcohol.
 - Do **not** use machinery or power tools.
 - Do **not** make legal decisions.
 - Do **not** take care of another person.

Activity Guidelines

For **8 hours** after you get home:

- Rest quietly.
- Lie flat on your back or sit in a chair. You may get up to use the restroom.
- Do **not** bend over.
- If you have a headache, you may take nonprescription pain medicine such as acetaminophen (Tylenol) for pain.
- You may eat your regular diet.

For **24 hours**:

- Drink extra fluids such as juices, water, or a sports drink.

For **2 days**:

- Do **not** take a bath, sit in a hot tub, or go swimming. Soaking in water increases the risk of infection. It is OK to shower.
- If there are any dressing or bandages on the injection area, remove them after 24 hours.

Medications

- Resume blood thinning medications 24 hours after the procedure. This includes anticoagulants and antiplatelets.
- Keep taking your other regular medicines unless they are changed by your doctor.

When to Get Help

Call 911 and go to the nearest emergency room right away if you have any of these symptoms:

- Headache that lasts longer than 24 to 48 hours, or that gets worse when you are moving
- Fever higher than 101.5°F (38.6°C)
- Trouble thinking clearly
- Severe bleeding that will not stop, even after you press firmly on the procedure site
- Chest pain
- Trouble breathing
- Slurred speech (trouble speaking)
- Feeling dizzy or lightheaded
- Sudden shortness of breath
- Redness, swelling, or drainage (fluid) at the procedure area

Who to Call

If you have questions or concerns, please call your care team:

UW Medical Center Montlake and Northwest Hospital:

Weekdays from 8 a.m. to 4:30 p.m., call the Non-Vascular /
Interventional Radiology Department:

- Montlake: 206.598.6209, option 2
- Northwest: 206.598.6209, option 3

Harborview Medical Center: Weekdays from 8 a.m. to 4:00 p.m.,
call the Interventional Radiology Department at 206.744.2857

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

UWMC – Montlake:
206.598.6209, option 2

UWMC – Northwest:
206.598.6209, option 3

Harborview Medical Center:
206.744.2857

After hours and on weekends and holidays:
Call 206.598.6190 and ask to page the Interventional Radiology resident on call.