

Anticoagulation

What to keep in mind

This section of the Congenital Heart Conditions notebook is for patients who are on anticoagulation medicines (blood thinners). It tells what to keep in mind and when to call the Anticoagulation Clinic.

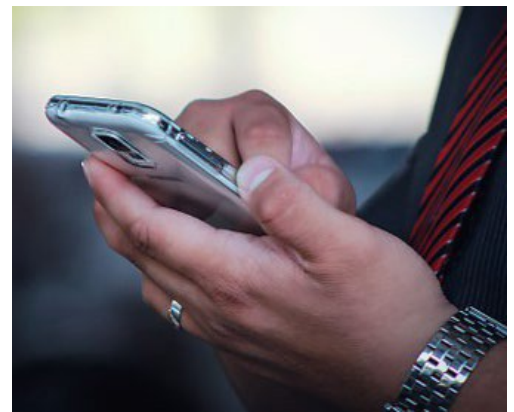


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When to Call

Call your anticoagulation clinic if:

- You miss a dose of your anticoagulant medicine.
- Your tablet or syringe looks different when you get your refill.
- Anyone tells you to stop or change your anticoagulation therapy.
- Your doctor or you change your current medicines. This includes prescription drugs, over-the-counter medicines, herbal or natural products, vitamins, and supplements.
- You have any unusual bleeding such as nosebleeds or other bleeding that lasts longer than 5 minutes, red or dark-brown urine, or red or dark, tarry stools.
- You have more bruising than usual after a fall or injury.
- You have a fever or an illness with vomiting, diarrhea, infection, pain, or swelling.
- You are scheduled for a surgery or other invasive procedure, or are having dental work.
- You are pregnant or planning to get pregnant.
- You have any questions about your anticoagulation therapy.



Call your anticoagulation clinic if you have any questions or concerns.

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

Heart Institute Adult
Congenital Heart Disease
Program: 206.598.1764

UWMC Anticoagulation Clinic:
206.598.4874

**If you have an emergency,
call 911 right away.**

If you take warfarin: Also call the clinic if you change your diet and eat more or less food that contains vitamin K.