

Newborn “Safe 8”

While you are in the hospital

These “Safe 8” steps are part of our infant security plan. They help prevent falls, and dangerous breathing problems.

Please read this chapter, sign and date it, then tear out the page and give it to your nurse. When you sign this, it tells us you have read, understood, and agree to follow these “Safe 8” steps for baby safety while you are in the hospital.



After you read and sign this chapter, we will place this page in your baby’s chart. It helps us know that we gave you this important information.

1. **Moving your baby:** While you are in the hospital, **always** use the rolling crib to move your baby. This includes when you leave your room. Do **not** carry baby in your arms.
2. **Look for the color band on your nurse’s photo ID:** These bands confirm that your nurse is on the Obstetrics (OB) staff at the hospital:
 - OB nurses have **pink bands**.
 - Members of the OB Resource Team have **dark blue bands**.
3. **Sleep positions:** Always place your baby on their back to sleep.
4. **No shared sleeping:** Always put your baby in a crib to sleep. Do **not** let your baby sleep in bed with you.
5. **Crib sleeping:** Do not place any loose blankets, pillows, or toys in your baby’s crib.
6. **Room safety:** Keep your baby’s crib near the cabinet where our safety equipment is stored. Keep the floor clear of belongings.



After you sign this page, please tear it out and give it to your nurse. We will keep it in your medical record to verify that you received and agreed to follow the “Safe 8” steps for baby safety in the hospital.

7. **Infant security:** Leave all the ID bands in place on your baby.
8. **Swaddle safely:** Swaddle your baby as shown in the chapter “ID Bands and the Rectangle Wrap” or use a wearable blanket.

I have read, understand, and agree to follow the “Safe 8” steps for baby safety in the hospital.

Name

Date

Now, please go back to the Table of Contents in this workbook and check the box so your nurses will know you have read this chapter.

Questions?

Your questions are important. Talk with your nurse or doctor if you have questions or concerns.