



## Target Blood Glucose

Your target blood glucose range before meals is \_\_\_\_\_ to \_\_\_\_.

Your target blood glucose range before bedtime is \_\_\_\_\_ to \_\_\_\_.

## Follow-up Visit

Have a follow-up visit in \_\_\_\_\_ weeks. Please call to schedule this appointment.

Your follow-up visit will be at this clinic:

\_\_\_\_\_ Phone: \_\_\_\_\_

## When you make your appointment, write down the time and date here:

My follow-up visit is:

on \_\_\_\_\_ (day, date)

at \_\_\_\_\_ a.m. / p.m.

**Bring this “Blood Glucose Log” and your blood glucose meter with you to your follow-up visit.**

### Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

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