

## Bronchoscopy Pre-Procedure Instructions

Please report to Ambulatory Procedure Area, Maleng Building 8<sup>th</sup> floor  
at \_\_\_\_\_ on \_\_\_\_\_.

Pre-procedure instructions:

- If you receive sedation during your procedure you should not drive or drink alcohol for 24 hours following the procedure.
- You must have a ride home after the procedure, as you will be unable to drive. Your transportation must be arranged prior to the day of your procedure. You may take a taxi, but only with a friend or family member present.
- Drink plenty of water the day before the procedure.
- Do not eat solid food or drink milk for 6 hours prior to arrival.
- You may drink clear liquids up to 2 hours prior to arrival. Clear liquids include water, fruit juices without pulp, carbonated beverages, clear tea, and black coffee. If you have diabetes, please avoid liquids with sugar.
- Do not wear any jewelry on the day of your procedure.
- Eyewear, glasses or contact lenses need to be removed prior to your procedure. Please bring a container for storage.
- Do not bring any valuables such as credit cards or large sums of money with you.
- If you have special appliances that you will need after the procedure (i.e. cane, crutches, walker or wheelchair, etc.), bring them with you.
- Wear loose fitting clothing that is easy to put on and take off.
- For any unexpected problems (*such as a cold, flu or fever*)  
**or if you are unable to keep your appointment, call:**
  - Patient Care Coordinator at **206-744-3123** and
  - Ambulatory Procedure Area at **206-744-8088**.

PLACE PATIENT LABEL HERE

### UW Medicine

Harborview Medical Center – University of Washington Medical Center  
UW Neighborhood Clinics – Valley Medical Center  
University of Washington Physicians Seattle, Washington

### BRONCHOSCOPY PRE-PRCD INSTRUCT

Page 1 of 1

**DO NOT SCAN OR UPLOAD  
TO THE MEDICAL RECORD**

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