

## **Regional Heart Center**

*At University of Washington Medical Center*

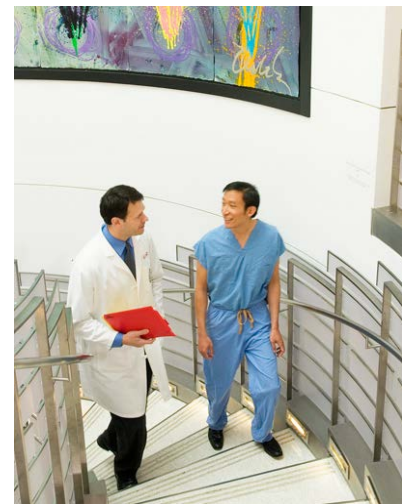
*This section of the Congenital Heart Conditions notebook gives general information about University of Washington Medical Center (UWMC), the Regional Heart Center, your health care team, and helpful contact information.*

### **About University of Washington Medical Center**

#### **What to Expect at UWMC**

Our program takes an adult-centered, team approach to patient care. That means there is a team of people devoted to your medical care, and that you are part of this team. (For more information about the providers on your team, see page 2.) All final decisions about your cardiac care are made by you and your attending cardiologist.

Throughout your care experience at UWMC, you will meet doctors in various stages of training. You may have an Advanced Registered Nurse Practitioner (ARNP) managing some of your care along with your attending doctor.



*At UWMC, a team of health care providers is devoted to your medical care. You are an important member of this team.*

#### **Protecting Your Health Care Information**

We cannot legally give information about your health and health care to anyone but you without your permission. But, you may name certain family members or friends who are allowed to receive this information.

#### **Insurance Issues**

We strongly advise you to avoid any lapses in your insurance coverage. Continuous coverage will protect you from the *pre-existing condition policy* in many insurance plans. This policy can deny you coverage for a time. Ways to consider keeping your coverage are:

- Working at a larger company that has good medical benefits
- Paying for temporary insurance called COBRA when you have gaps in insurance coverage

- Remaining on your parents' insurance if you are a student or until you are 26 years old

Tell us if you need help with financial issues. We can connect you with the hospital's financial counselor or other resources.

### **Parking**

You must pay for parking at UWMC. To reduce the cost, have your parking ticket validated in the clinic where you are being seen.

### **Local Housing and Hotels**

If you need information about where to stay in the area, please ask about this when you schedule your appointment. Make your hotel reservation well before you come to Seattle for your appointment.

For more information, visit [www.uwmcpatientfamilyhousing.org](http://www.uwmcpatientfamilyhousing.org), where you will find information on:

- Overnight lodging
- Long-term housing
- Transportation
- Maps and directions to UWMC

### **Your Care Team**

#### **Attending Doctor**

Your attending doctor is a cardiac specialist who is responsible for your care. The attending doctor supervises all doctors in training and other staff who are caring for you. This doctor also approves all decisions about your plan of care.

#### **Advanced Registered Nurse Practitioner (ARNP)**

An ARNP has a Master's of Science in Nursing and advanced medical training in the assessment, diagnosis, and treatment of patients. Your ARNP is licensed to diagnose and prescribe medicines in Washington state and works with your attending doctor in your care.

#### **Fellow**

A fellow is a licensed doctor with 3 or more years of experience who is now in training in a specialized area of medicine.

#### **Resident**

A resident is a licensed doctor in training, with 1 to 3 years of experience.



*An advanced registered nurse practitioner (ARNP) works with your attending doctor to provide your care.*

## Medical Student

Medical students are in training to become doctors, but they are not yet licensed as doctors.

## Adult Congenital Heart Program Team Members

- Karen Stout, MD – Director, Adult Congenital Heart Service
- Eric Krieger, MD
- Catherine Otto, MD
- David Linker, MD
- Edward Verrier, MD – Director, Adult Congenital Cardiac Surgery Program
- Thomas Jones, MD – Interventional Cardiology
- Stephen Seslar, MD – Electrophysiology
- April Stempien-Otero, MD – Heart Failure and Transplantation
- Mary “Libs” Schlater, ARNP
- Amanda Meier, RN
- Jilian Sachs, Program Operations Specialist

## Contact Information

### Regional Heart Center

- To schedule an appointment (8 a.m. to 4 p.m.) ..... 206-598-4300
- To reach a UWMC Regional Heart Center nurse ..... 206-598-0118
- To reach the nurse practitioner or doctor  
during regular clinic hours ..... 206-598-4300
- To reach the program operations specialist ..... 206-598-1764
- To reach the Regional Heart Center operator (toll-free)..... 800-251-7695
- For **non-urgent** issues only, email ..... sachsj@uw.edu
- For urgent after-hours concerns** ..... **206-598-6190**

*Ask for the on-call cardiology fellow on the Cardiology “A” Team to be paged*

### UWMC

- Main hospital operator ..... 206-598-3300
- Social Work and Care Coordination ..... 206-598-4370
- Anticoagulation Clinic (8:30 a.m. to noon; 1 to 5 p.m.) ..... 206-598-4874

Radiology/MRI (Imaging Services) .....	206-598-6214
Nuclear Medicine .....	206-598-4240
Pulmonary Diagnostics (CPET, PFT testing; see “Diagnostic Tests,” page 2).....	206-598-4265
Maternal and Infant Care Clinic.....	206-598-4070
Financial Services.....	206-598-4320

**Harborview Medical Center**

Operator .....	206-744-3000
Sleep Disorder Clinic (Sleep Study) .....	206-744-4999

**Seattle Children’s Hospital**

Operator .....	206-987-2000
Toll-free.....	866-987-2000
Heart Center Clinic.....	206-987-2015
Heart Center Scheduling.....	206-987-2515

**Questions?**

Your questions are important. Call your doctor or health care provider if you have questions or concerns.

Regional Heart Center  
Adult Congenital Heart  
Disease Program:  
206-598-1764