

## What are the benefits for me and my child?

A visit to our clinic may:

- Reassure you that your child is on target in their development.
- Help you be aware of issues, take action, and prevent problems.

After your clinic visit, we will:

- Give you a report on your child's developmental, cognitive, and behavioral strengths and weaknesses.
- Suggest ways to support your child's development.
- Provide information on school readiness, peer relationships, coping, resources, or other concerns.

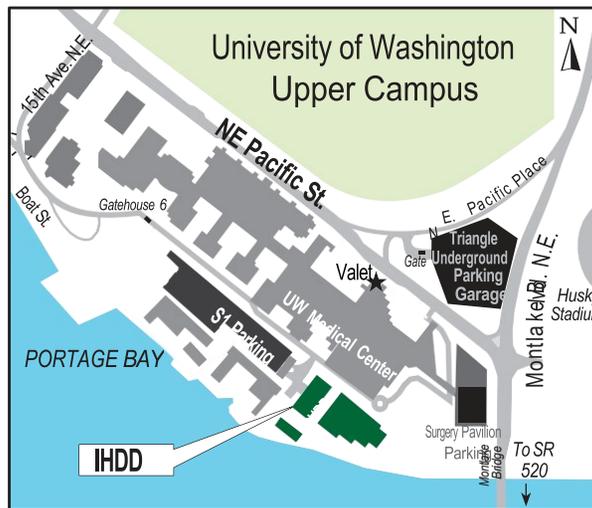
## What are the costs?

Health insurance covers most clinic visits. The cost depends on the age of your child and how many specialists you see.

Please talk with your health insurance company about what services they cover and what co-pays you will need to pay. Ask if you need authorization before your clinic visit.

## Where is the clinic?

Our clinic is at the Institute on Human Development and Disability (IHDD). It is just south of University of Washington Medical Center (see map on back). We will provide parking information when you schedule.



### Questions?

For more information email us at [cnrndv@uw.edu](mailto:cnrndv@uw.edu).

Or call: 206.598.6710

Please request an interpreter, if needed.

Location and parking information:

[ihdd.org/visit-ihdd/prepare-for-your-visit](http://ihdd.org/visit-ihdd/prepare-for-your-visit)



### Cardiac Neurodevelopmental Clinic

**Mailing address:** Box 357920, Seattle, WA 98195-7920  
**Physical address:** 1701 NE Columbia Rd, Seattle, WA 98195  
**Billing address:** 1959 NE Pacific St, Seattle, WA 98195  
**Phone:** 206.598.6710 | **Fax:** 206.598.7815

# Cardiac Neurodevelopmental Clinic

*At the Institute on Human Development and Disability*



UW Medicine

UNIVERSITY OF WASHINGTON  
 MEDICAL CENTER

## What is the Cardiac Neurodevelopmental Clinic?

Children with congenital heart disease are at risk for developmental problems. Our clinic helps find problems early and provides regular monitoring. We suggest treatments and therapies.

Some areas we can help with are:

- Motor and cognitive (thinking) skills
- Emotional, behavioral, and social development
- Feeding skills
- Speech and language development
- Play skills and visual-spatial skills (the ability to see and use objects)
- Attention, learning, and memory
- Being ready for school



## Does my child need to visit the clinic?

If your child had heart surgery or other heart conditions before they were 1 year old, there are steps you can take to check their development. The American Academy of Pediatrics and American Heart Association advise that your child have regular follow-up visits. This is especially important during the first 3 years of life.

## How does my child get referred?

Seattle Children's Hospital cardiology refers eligible patients to our clinic. Your child's pediatrician can also send a referral if your child had heart surgery or other heart conditions as an infant.

## Who will assess my child?

At your clinic visit, your child may see many experts on our care team:

- Pediatrician
- Psychologist
- Nutritionist
- Social worker
- *Audiologist* (hearing specialist)
- Physical therapist
- Occupational therapist
- Speech therapist



## How long do visits last?

The length of your visit depends on how many specialists you see. Most visits last 2½ to 3½ hours. As a part of our program your child will see us 1 – 2 times a year until they are school aged. We also see older children when their doctor refers them to us.

## How does the clinic work with Early Intervention programs?

Early Intervention programs provide services in your home. This can include physical, occupational, and speech therapy. Our clinic identifies children who need these services. We can also suggest treatment goals for your child's Early Intervention team to work with.