

# Instructions After Bravo Ph Capsule Study

*The chance of complications (problems) related to this procedure is very low. However, it is important to know what to watch for and how to get help if needed.*

## Instructions:

- You can start eating your normal diet when swallowing feels comfortable.
- A mild sore throat is normal for a few hours. Throat lozenges may help.
- Follow all the instructions from your care team.



*Scan for a digital copy of this handout.*

## Warning Signs

### Call us if you have:

- A temperature of 100.5° or higher
- Unusual chest or abdominal (stomach) pain
- Trouble swallowing or moving your neck
- Vomiting blood
- Blood in your stool



*Call your clinic if you have any questions about your procedure.*

## Who to Call

If you have any of the symptoms above or have any other questions, call us right away:

### Center for Esophageal and Gastric Surgery Lab:

- **Monday – Friday, 7 AM – 5 PM:** Call 206.598.7350
- **After hours, weekends, and holidays:** Call 206.598.6190.  
Ask the operator to page the **Surgery O** team member on call.

## Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

**Center for Esophageal and Gastric Surgery Lab:**  
206.598.7350

**My provider:**

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