

来门诊

- 请携带您的药物清单、有效的有相片的身份证、及所有的健保卡。
- 我们建议邀请您的支持人员一起来。可以是家庭成员或朋友。
- 请在预约时间前 15 分钟到达医院。

此门诊的预期

您第一次来移植肾脏病专家的门诊可能需要长达 2 个小时。之后、您就会知道您是否可成为肾移植的候选人。

如您可能为候选人、您将：

- 做一些测试（请参考“评估过程”）
- 与您的移植组见面

您第一次来会见移植组

请您的支持人员一起来这第一次会见移植团队。这次门诊可能需要 4 到 6 个小时。在这次门诊中、您将：

- 与您的移植组见面；包括社工、外科医生、您的移植护士联系人及营养师。您可能也会见到一名护理医师或精神科医生。
- 进一步地了解移植、在移植排名前及等待移植的排名过程。
- 了解那些因素可以增加移植的成功。
- 验血及验尿。
- 提供详细的病史及生活史。
- 需要时注射疫苗。

请在三角停车场停车

三角停车场位于 **N.E. Pacific Place** 街、在医院的对面。停车场有 500 个停车位、有 67 个残疾人停车位和 9 个可供轮椅出入的停车位（参见第 3 页的“超大型车辆停车”）。停车后、经过一条地下隧道通往医院正门。

三角停车场的驾驶指南

- 在 **Montlake Blvd.** 向北行驶：左转进入 **N.E. Pacific Street**、然后右转到 **N.E. Pacific Place**。即刻右转进入停车场。
- 在 **N.E. Pacific St.** 向东行驶：转左进入 **N.E. Pacific Place**。即刻右转进入停车场

Being Referred

For a kidney/pancreas transplant

Your doctor has referred you to University of Washington Medical Center (UWMC) for a kidney/pancreas transplant. This chapter reviews the steps you will take as you start your journey.

Your First Step

After being referred for a kidney/pancreas transplant at UWMC, your first step is to meet with the *transplant nephrologist* (a doctor who specializes in kidney transplant).

Our scheduling coordinator will call you to set up this visit. If you need to talk with the scheduling coordinator, please call 206.598.3882.

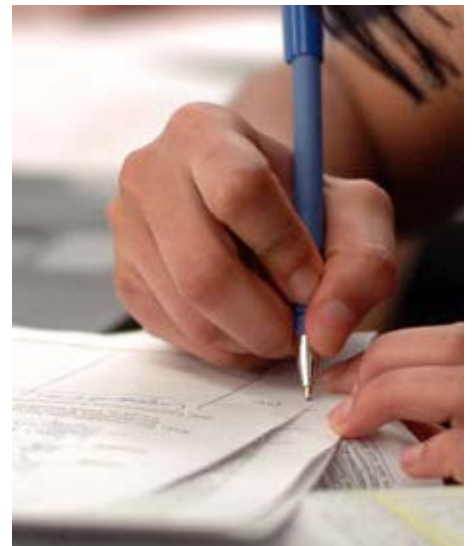
<p>My first visit is on _____ DAY _____ DATE at _____ TIME.</p>
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After you set up your visit, we will mail you a packet of information. The packet will contain:

- A cover letter, this guide, a video of our transplant class, and information about UWMC
- Forms and 2 pre-addressed, stamped envelopes
- Directions, maps, and parking information

Before Your Visit

- Review everything in the packet you received.
- Fill out and return the forms in the pre-addressed, stamped envelopes that were in the packet.
- Write down your questions to ask the transplant nephrologist.



Please review everything in the packet we send you, and fill out and return the forms.

- If you have any recent changes in your address, phone numbers, or insurance, please call us with your new information. To do this, call 206.598.4388 and press 1.

On the Day of Your Visit

- Bring your medicine list, a valid photo ID, and your insurance card(s).
- We advise you to bring a support person with you. This person can be a family member or a friend.
- **Arrive at the hospital 15 minutes before your appointment time.**

What to Expect

Your first visit with the transplant nephrologist may take up to 2 hours. Afterward, you will find out if you are a potential candidate for kidney transplant.

If you are a potential candidate, you will:

- Have some tests done (see the chapter on “The Evaluation Process”)
- Then meet with the transplant team

Your First Visit with the Transplant Team

Bring your support person with you to your first visit with the transplant team. This visit may take 4 to 6 hours. At this visit, you will:

- Meet your team members: a social worker, a surgeon, your transplant nurse coordinator, and a dietitian. You may also meet a nurse practitioner or psychiatrist.
- Learn more about transplants, what needs to happen before you can be placed on the transplant list, and what else to expect on the transplant journey.
- Review factors that will increase the success of your transplant.
- Have blood and urine tests.
- Give us a detailed medical and social history.
- Receive immunizations, if needed.

Parking in the Triangle Parking Garage

The Triangle Garage is on N.E. Pacific Place, across the street from the hospital. The garage has 500 parking stalls with 67 disability-parking stalls and 9 wheelchair-accessible parking stalls (see “Parking for Oversized Vehicles” on page 3). After you park, you will go through an underground tunnel that leads to the main entrance of the hospital.

