

## My child is receiving birth-to-3 early intervention. Should we still come to this clinic?

Yes. Our visit will give you extra information about your child. It will help you see the whole picture and know what resources and care will best support your child's development. Our services do not replace those provided by your child's doctor, birth-to-3 program, or public health nurse.

## How long does a visit last?

The length of your visit depends on how many specialists you see. Most visits last 1 ½ to 2 hours. You will be with your child the entire time. Please note that we cannot provide childcare for other children during your visit.

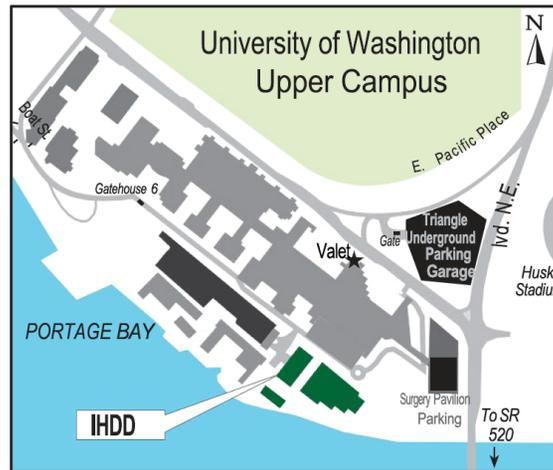
## What are the costs?

Most health insurance covers your clinic visits. The cost of a visit depends on your child's age and how many specialists you see.

Please contact your health insurance company to find out what services they cover and if there are co-pays. Ask if you need to get their authorization before your clinic visit.

## Where is the clinic?

Our clinic is at the Institute on Human Development and Disability (IHDD), it is just south of (behind) the University of Washington Medical Center (see map on back). The S1 parking lot is the closest lot to our clinic. We will send you parking details before your visit.



## Questions?

To set up a time for your clinic visit, call 206.598.9348

Please request an interpreter, if needed.

Location and parking information:  
[ihdd.org/visit-ihdd/prepare-for-your-visit/](http://ihdd.org/visit-ihdd/prepare-for-your-visit/)

## Late and Moderate Preterm Babies (LAMBs) Follow-Up Clinic

Box 357920

For GPS: 1959 N.E. Pacific St., Seattle, WA 98195

Street Address: 1701 N.E. Columbia Rd.

Phone: 206.598.9348 Fax: 206.598.7815



UW MEDICINE | PATIENT EDUCATION

## Late and Moderate Preterm Babies (LAMBs) Follow-up Clinic



*At the Institute on Human Development and Disability*



UW Medicine

UNIVERSITY OF WASHINGTON  
MEDICAL CENTER

## What is the LAMBs Follow-up Clinic?

The LAMBs Follow-up Clinic sees infants and toddlers with early life experiences that put them at higher risk of developmental differences. We provide regular monitoring with a developmental specialist.

Our goal is to catch any problems early and get your child connected to the right supports. We want to help your child grow, learn, and thrive to their highest potential.

## What are the benefits for me and my child?

- We do a special developmental screening for your child at regular times from age 4 months to 2 years.
- We give you clear and detailed information about how your child is developing. We will help your child get resources to support their development if needed.
- After your visit, we will send you and your child's primary care provider a detailed report on your child's development.



## Who does the clinic serve?

Our clinic serves children who:

- Were born at 32 to 36 weeks
- Were born full-term but had a low birth weight or were small for their age
- Experienced alcohol or other drug exposure during pregnancy

## How is my child referred to the clinic?

If your premature baby spent time in a NICU, you will be offered a referral at your NICU discharge planning meeting. Your primary care provider may also refer your child if they have concerns about development or suggest extra monitoring.

## Who will see my child?

Your child will primarily see a developmental pediatric specialist (Physician or Advanced Practice Provider). Other specialists may include a nutritionist, or a pediatric audiologist (hearing specialist).

## What happens at a clinic visit?

During a clinic visit, we will:

- Check your child's development.
- Measure your child's height, weight, and head circumference.
- Give your child a neuromotor physical exam.
- Talk with you about your child's vision, hearing, oral health, sleep, and nutrition.

We provide hearing checks and nutrition consultation, if needed. The visit with the developmental specialist lasts about 45-60 minutes. You will be able to ask questions and share your concerns.

## Do you have interpreters?

We can provide a language interpreter to help you better understand your child's care. Please tell us if you would like an interpreter when you set up your clinic visit. This service is free of charge.

