UW Medicine

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

Radiation Oncology: Call 206.598.3100 weekdays from 8 a.m. to 5 p.m.

After hours and on weekends and holidays, call 206.598.6190 and ask to page the Radiation Oncologist on call.

Memantine (Namenda) Extended Release

How to take your Namenda XR capsules

Why do I need this medicine?

Radiation treatments to the brain can affect your memory. Your doctor has prescribed Memantine to help reduce this side effect of radiation therapy.

How do I take it?

Memantine extended release capsules come in 2 doses: 7 mg and 28 mg. Week by week, here are your doses to take:

Week 1: _____

Take 7 mg a day (one 7 mg capsule)

Week 2: _____

Take **14 mg a day** (two 7 mg capsules)

Week 3: _____

Take **21 mg a day** (three 7 mg capsules)

Week 4: _____

Start your new prescription of 28 mg capsules:

Take **28 mg a day** (one 28 mg capsule)

Continue this schedule for the next 5 months, until



Take your memantine tablets exactly as prescribed.

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