



Memantine (Namenda) Extended Release

How to take your Namenda XR capsules

Why do I need this medicine?

Radiation treatments to the brain can affect your memory. Your doctor has prescribed Memantine to help reduce this side effect of radiation therapy.

How do I take it?

Memantine extended release capsules come in 2 doses: 7 mg and 28 mg. Week by week, here are your doses to take:

Week 1: _____

Take **7 mg a day** (one 7 mg capsule)

Week 2: _____

Take **14 mg a day** (two 7 mg capsules)

Week 3: _____

Take **21 mg a day** (three 7 mg capsules)

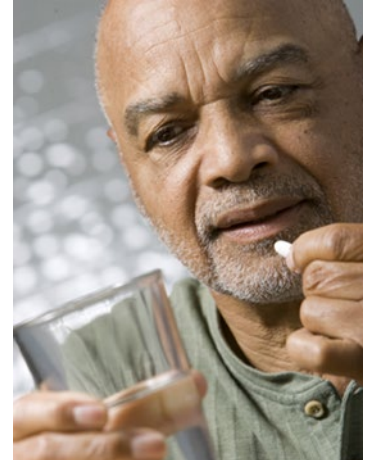
Week 4: _____

Start your new prescription of 28 mg capsules:

Take **28 mg a day** (one 28 mg capsule)

Continue this schedule for the next 5 months, until

_____ .



Take your memantine tablets exactly as prescribed.

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

Radiation Oncology: Call 206.598.3100 weekdays from 8 a.m. to 5 p.m.

After hours and on weekends and holidays, call 206.598.6190 and ask to page the Radiation Oncologist on call.