

Memantine (Namenda)

How to take your Namenda tablets

Why do I need this medicine?

Radiation treatments to the brain can affect your memory. Your doctor has prescribed memantine to help reduce this side effect of radiation therapy.

How do I take it?

Memantine tablets come in 2 doses: 5 mg and 10 mg. Week by week, here are your doses to take:

Week 1: _____

- Morning: **One 5 mg tablet**

Week 2: _____

- Morning: **One 5 mg tablet**
- Evening: **One 5 mg tablet**
(A total of 10 mg a day)

Week 3: _____

- Morning: **Two 5 mg tablets**
- Evening: **One 5 mg tablet**
(A total of 15 mg a day)

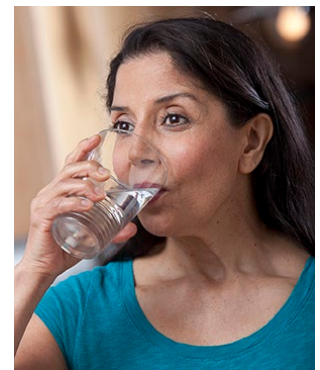
Week 4: _____

Start your new prescription of 10 mg tablets:

- Morning: **One 10 mg tablet**
- Evening: **One 10 mg tablet**
(A total of 20 mg a day)

Continue this schedule for the next 5 months, until

_____ .



Take your memantine tablets exactly as prescribed.

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

Radiation Oncology: Call 206.598.3100 weekdays from 8 a.m. to 5 p.m.

After hours and on weekends and holidays, call 206.598.6190 and ask to page the Radiation Oncologist on call.