



# Metastatic Whole Brain CareMap

*Your care plan may be different.*

		Before Treatment	Treatment Day 1	Week 1	Week 2	Home Care	1 Month After	Every 2 to 3 Months	
<b>Clinic:</b> Where do I go?	<i>Chemo</i>	Ongoing medical oncology visits as directed						Ongoing medical oncology visits as directed	
	<i>Radiation</i>	UWMC Cancer Center	UWMC Cancer Center	UWMC Cancer Center	UWMC Cancer Center			UWMC Cancer Center	Radiology and UWMC Cancer Center
<b>Treatment:</b> What am I getting done?	<i>Chemo</i>	Follow medical oncology treatment protocol				Call your medical oncology clinic if you have:			
	<i>Radiation</i>	Consent form and CT simulation (immobilization mask)	Begin daily radiation treatment (weekdays) and weekly Doctor Days (visit with Rad-Onc doctor)	Doctor Day weight:_____	Doctor Day weight:_____	Call your Rad-Onc clinic if you have:	Office visit weight:_____	MRI/CT and office visit weight:_____	
<b>Activity</b>	<i>Chemo and Radiation</i>	Talk about driving and other activity restrictions with care team	Goal: Daily exercise 						
<b>Diet</b>	<i>Chemo</i>	Follow medical oncology diet instructions							
	<i>Radiation</i>	No weight loss programs. Goal: Eating 75% of meals, no nausea							
<b>Hygiene</b>	<i>Chemo</i>	Staples/stitches out	Good hand washing practices						
	<i>Radiation</i>		<ul style="list-style-type: none"> <li>Clean and dry your skin 2 hours before treatment</li> <li>Do not use conditioners or products that contain oil on your scalp or skin</li> </ul>						
<b>Education</b>	<i>Chemo and Radiation</i>	RN teaching and education materials for patient	Education as needed (talk about steroid tapering with Rad-Onc RN)			Rad-Onc RN follow-up phone call			



## Your Radiation Oncology Team

**UWMC Cancer Center / Radiation Oncology Clinic: 206-598-4100**

After hours and on holidays and weekends, call 206-598-6190 and ask for the Radiation Oncology doctor on call to be paged.

Attending Doctor: \_\_\_\_\_

Resident Doctor: Your resident doctor is receiving advanced training in radiation therapy. This doctor rotates to a new service every 3 months, so you may see a new resident or not have one during your treatment.

Nurse Practitioner/Physician Assistant: \_\_\_\_\_

Nurse: \_\_\_\_\_

## Your Medical Oncology Team

Attending Doctor: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### Questions?

Your questions are important. Call your doctor or health care provider if you have questions or concerns.

Radiation Oncology:  
206-598-4100