# UW Medicine UNIVERSITY OF WASHINGTON MEDICAL CENTER

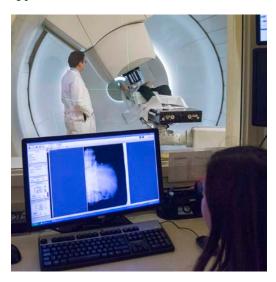
## **Oral Chemotherapy and Radiation**

Your concurrent therapy plan

This handout is for patients having both oral chemotherapy and radiation treatment at Alvord Brain Tumor Center at UW Medical Center.

### What can I expect?

- You will start taking your chemotherapy the night before your first day of radiation. Keep taking your chemo drug for 42 days in a row.
- You will have radiation treatment for 6 weeks. Treatments will be on weekdays, except for holidays.
- You **MUST** get a blood draw once a week during your treatment. If you are receiving radiation therapy at:
  - The Proton Center, you can have your blood drawn at the lab across the street in the Medical Arts Building.
  - UW Medical Center, the lab is on the 3rd floor (main level), near the Cascade elevators.
- After you have been in treatment for about 3 weeks, you will come to Alvord Brain Tumor Center for a clinic visit with one of our nurse practitioners or physician assistants.



Your radiation therapy will be at the Proton Center or UW Medical Center.

#### What happens next?

- After you are done with your radiation and chemotherapy, you will have a 4-week break from all therapy.
- After the 4-week break, you will come in for a magnetic resonance imaging (MRI) scan and an office visit. At this visit, you will talk with your Neuro-oncologist and Radiation Oncologist about your next steps.

#### **Medicines to Take During Your Therapy**

|   | 8  | 10  |
|---|--|---|
| Medicine  | When to Take It  | After Therapy   |
| <b>Temozolomide</b> Chemotherapy                        | Start taking this the night<br>before radiation. Take it<br>every day for 42 days in a<br>row. Although radiation is<br>only on weekdays, you<br>will take this medicine<br>every day. | Take this until all the pills are gone, unless your nurse tells you otherwise. It is OK if you finish the chemo pills a few days before your radiation therapy is done. |
| <b>Zofran</b> ( <b>Ondansetron</b> ) <i>Anti-nausea</i> | Take 30 to 60 minutes before your chemotherapy each night. If you have nausea during the day, you may take this medicine every 8 hours, as needed.                                     | You may stop this<br>medicine after you<br>finish therapy. If you<br>have nausea after<br>treatment is done, take<br>it again as needed.                                |
| Bactrim<br>Antibiotic                                   | Follow the dosing instructions on the label. Take in the morning, with food.   | After you are done with treatment, you may stop taking this, unless your nurse tells you otherwise.   |
| <b>Senna</b> <i>Mild laxative</i>                       | Take while you are on the chemotherapy to prevent constipation. It can be taken morning or night.  | You may stop this<br>medicine after you<br>finish therapy. If you<br>have constipation after<br>treatment is done, take<br>it again as needed.                          |
| <b>Miralax</b><br>Laxative                              | Take while you are on the chemotherapy to prevent constipation. It can be taken morning or night.  | You may stop this medicine after you finish therapy. If you have constipation after treatment is done, take it again as needed.   |

#### **Questions?**

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

#### To talk with a nurse:

Weekdays from 8 a.m. to 5 p.m., call 206.598.2282 and select option #2.

After hours and on weekends and holidays, call our Community Care Line at 206.598.3300.