

## Otolaryngology/Head and Neck Surgery CareMap

For patients with a tracheostomy tube

Day 0: OR to ICU	Day 1: ICU to 4NE	Day 2: 4NE	Day 3: 4NE	Day 4: 4NE	Day 5: 4NE	Day 6: 4NE	Day 7: Discharge
□ Moved to ICU after surgery □ Breathing tube through neck □ Drains in place  Bed Rest	☐ Stomach feeding tube placed ☐ Pain under control ···········	☐ Feeding begins through stomach tube	☐ Continue ······ feeding through stomach tube	<b>&gt;</b>	☐ If able to swallow, begin drinking fluids by mouth	☐ Eat liquid foods ☐ Discharge transportation planned	☐ Ask questions about anything you are not sure about
	☐ Central line catheter placed☐ Off breathing machine☐ Out of bed to chair, if able☐ Sit in Chair	□ Walking	□ Able to cough out secretions on your own		climbing stairs with Physical	May fit arm splint  b Stairs Climb stairs, if able	
	□ Nurse (RN) and • Respiratory Therapist provide trach care and suction as needed	☐ Help with personal			Therapist (PT)  Change to smaller trach  Review self-care teaching		☐ Trach tube removed
	☐ Drains suction • fluids from surgery site ☐ Assisted bath ☐ Assisted	d Bath		□ Learn about co	☐ Home equipment ordered Family nsultation	□ Shower	☐ All drains and IV lines removed ☐ Shower, dress in own clothes
	☐ Move out of ICU to 4-Northeast (4NE) Unit	☐ Health care team talks with you about discharge		trach care, with family member or caregiver there	□ Plan support at home after discharge		☐ Discharge from the hospital Discharge
		•		pital Stay			