

## Otolaryngology/Head and Neck Surgery CareMap

Day 0: OR to ICU	Day 1: ICU to 4NE	Day 2: 4NE	Day 3: 4NE	Day 4: 4NE	Day 5: 4NE	Day 6: 4NE	Day 7: Discharge
□ Moved to ICU after surgery □ Breathing tube through nose or mouth □ Drains in place  Bed Rest	☐ Stomach feeding tube placed ☐ Pain under control	☐ Feeding begins through stomach tube	☐ Continue ······ feeding through stomach tube	·····	☐ If able to swallow, begin drinking fluids by mouth	□ Eat liquid foods	☐ Ask questions about anything you are not sure about
	☐ Central line catheter placed☐ Off breathing machine☐ Out of bed to chair, if able☐ Sit in Chair☐	□ Walk	☐ Able to cough out secretions on your own		climbing stairs with Physical	□ May fit arm splint □ Discharge transportation planned □ Discharge transportation planned □ Climb stairs, if able	
	☐ Drains suction • fluids from surgery site ☐ Assisted bath	ed Bath			Therapist (PT)  Review self care teaching	□ Shower	☐ Shower, dress
	☐ Move out of ICU to 4-Northeast (4NE) Unit	☐ Help with personal hygiene, as able ☐ Health care team talks with you about discharge		Learn about wound care with family member or caregiver there	Family onsultation  Home equipment ordered  Plan support at home after discharge	·····	in own clothes  Discharge from the hospital  Discharge
·	eventional compression devi					1	