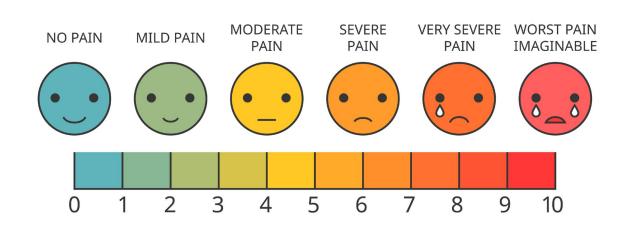
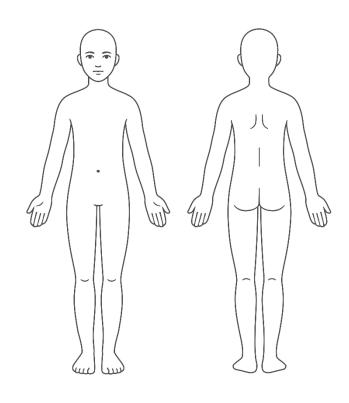
## **Pain Scale**



There are many different types of pain. Please use the tools below to help describe your pain so we can help you manage it.





## **Tell Us About Your Pain**

- How do you rate your pain from 1 to 10? See picture above
- Where do you feel your pain?
- How would you describe your pain? (sharp, throbbing, shooting, aching, stinging, burning, stabbing)
- Does your pain **spread** or **stay in one place**?
- What makes your pain better and worse?
- How long have you had this pain?

