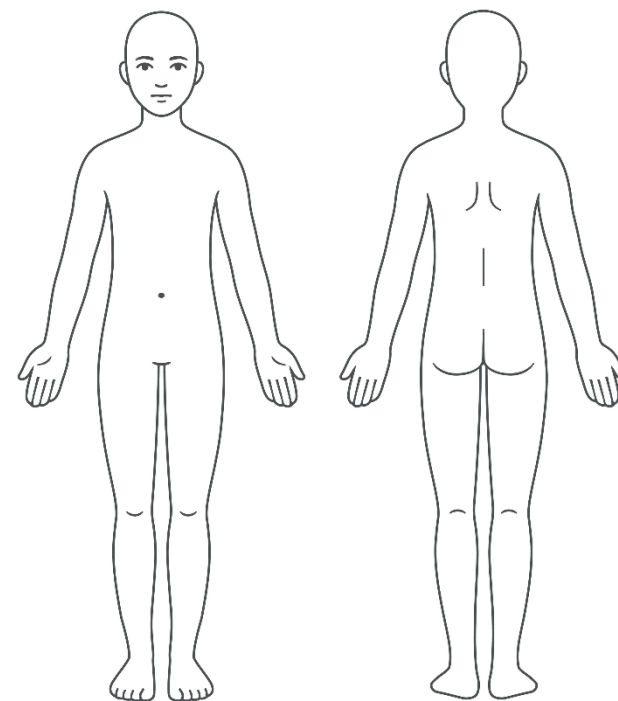
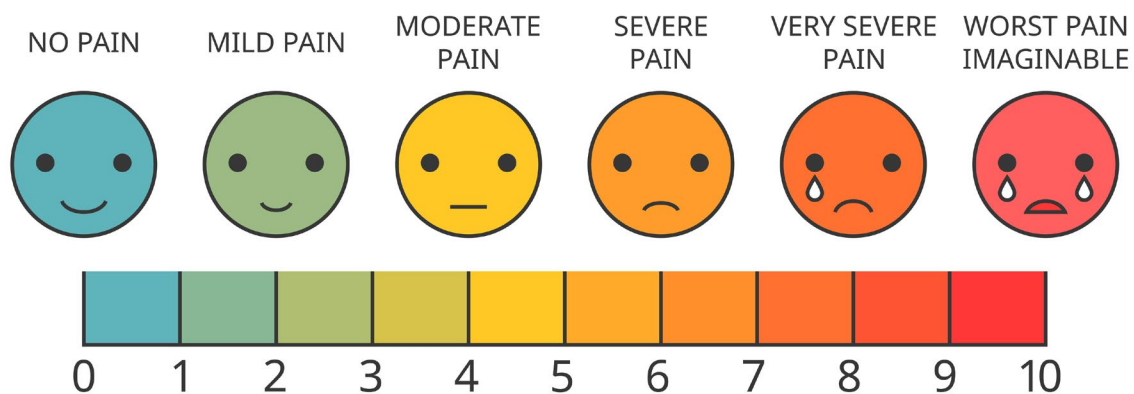


# Pain Scale

There are many different types of pain. Please use the tools below to help describe your pain so we can help you manage it.



## Tell Us About Your Pain

- How do you rate your pain from 1 to 10? *See picture above*
- **Where** do you feel your pain?
- How would you describe your pain? (*sharp, throbbing, shooting, aching, stinging, burning, stabbing*)
- Does your pain **spread** or **stay in one place**?
- What makes your pain **better** and **worse**?
- **How long** have you had this pain?

