Percutaneous Mitral Valve Replacement (MitraClip) Procedure CareMap

Your care plan may differ

Day 0: Day of Procedure		Day 1		Day 2: Day of Discharge
■ Move to Cardiothoracic Intensive Care Unit (CTICU) after your procedure		Move from CTICU to care un bed is open	it when a	☐ Follow-up visits scheduled☐ Wound is clean and dry
Off breathing machine (ventilator)		☐ Take usual home medicines		□ Patient and family education on follow-
■ Bed rest	Bed Rest	☐ Pain under control		up visits, knowing who and when to call after leaving the hospital
		☐ Begin eating, progress diet, as able		☐ Reach final goal weight
 Out of bed to chair, move in room if blood pressure stable 	Sit in Chair	☐ Close to goal weight		☐ Receive equipment, if needed
		□ Receive anticoagulation (blood-thinning) plan for discharge		☐ Able to move safely within precautions
				☐ Shower and dress in own clothes
☐ Consume ice chips, if able	Family Consultation	☐ Learn how to care for wound	Shower	☐ Discharge from the hospital
		 Move short distances in hall 3 times a day, going farther each day 		Discharge
☐ Family consultation with surgeon after your procedure		☐ Shower training with OT		
		Occupational Therapy (OT) and Physical Therapy (PT) evaluation		
		☐ Follow OT and PT guidelines for moving and activities of daily living	Activity Guidelines	
		☐ Discharge date given		
		☐ Work on discharge goals		
		☐ Patient and family learn about mobility precautions, diet, wound care, medicines	Family Consultation	