



Preparing for Your Procedure

At Harborview Medical Center

This handout gives instructions for patients having a procedure at Harborview Medical Center in Seattle, Washington.

Procedure: _____

With: _____

Date: _____ Arrival time: _____

If you cannot keep your appointment, call us right away:

- Weekdays until 4 p.m. on the day before your procedure, call your Patient Care Coordinator at 206. _____.
- After 4 p.m. on the day before or on the morning of your procedure, call Ambulatory Surgery at 206.744.5432.



Expect a call from the hospital before your procedure.

Getting Ready

- Our goal is for you to be able to leave the hospital in _____ days.
- If you are having an outpatient procedure:
 - **You cannot drive yourself home.** Plan to have a responsible adult take you home. This person can drive you in a car, or take the bus or taxi with you.
 - You **must** make your plans for your ride home **before** the day of your procedure.

- Our staff will call you before your procedure. We may ask about your insurance deductible and out-of-pocket costs.
- If you have questions about your procedure, please call a clinic nurse at 206._____.

Procedure Day

- Do not wear jewelry or piercings.
- Remove dentures, eyewear, glasses, or contact lenses.
- Wear loose-fitting clothes that are easy to take off and put on. If needed, make sure they will fit over a splint or bulky dressing.
- Check in at the Surgical Waiting Room, Ground Floor of the Maleng Building, 410 9th Ave., Seattle, WA 98104. The Maleng Building is across the street from the Emergency Department.
- Harborview handles many emergencies. This may cause schedule changes. If we need to change your procedure time, we will tell you as soon as we can. Thank you for your patience if this happens.

What to Bring

- Your photo ID and insurance card
- A method of payment for any co-pays you may have
- Any equipment you will need after your procedure, such as crutches, a wheelchair, or a CPAP machine
- Advance directive forms, such as a Living Will and Durable Power of Attorney for Healthcare, if you have them and want to share them with your healthcare team

Special Instructions

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.
