



Questions Before Discharge

After your vaginal or abdominal surgery

It is important to know about your self-care after surgery. Bring this handout with you to the hospital and write down the information you receive.

Preparing to Leave the Hospital

As you get ready to leave the hospital, you may have several questions that need to be answered. You need to be aware of any restrictions you will have, new medicines to take, when to follow up with your doctor, what numbers to call in case of an emergency, etc.

Here are some questions you may want to ask before you leave the hospital.

- How and when do I take my medicines?



Before you leave the hospital, be sure you know how and when to take your medicines.

- What are my activity restrictions? When and how much can I exercise?

- What are my diet restrictions? Can I drink alcohol?

- When can I drive?

- Do I need special supplies (bandages, tape)?

- When do I see my doctor again?

- When can I take a bath, use a sauna, or soak in a hot tub?

- What time will I check out of the hospital?

- What problems should I report to my doctor?

- What numbers do I call if I have any problems?

Questions?

Urology and Urogynecology Clinic hours are weekdays, 8 a.m. to 5 p.m. Call 206-598-5960.

After hours and on weekends and holidays:

If you are a patient of **Dr. Michael Fialkow** or **Dr. Gretchen Lentz**, call 206-598-6190 and ask for the **Gynecology Resident** on call to be paged.

If you are a patient of **Dr. Jane Miller**, call 206-598-6190 and ask for the **Urology Resident** on call to be paged.

Other Questions

Use the space below to write down any other questions you want answered before you go home.

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