



病人教育

病人护理部



东莨菪碱贴片

它是什么如何使用

此小册为您解释如何使用东莨菪碱贴片。它是用来防止全身麻醉后的恶心及呕吐。

东莨菪碱贴片是什么？

东莨菪碱贴片是防止恶心及呕吐的药物。通常用它来防止全身麻醉后可能发生的恶心及呕吐。东莨菪碱可松弛导致呕吐的反射神经。

如何使用东莨菪碱贴片

东莨菪碱贴片是圆的贴片、有一边有粘黏性。用以贴在耳后的皮肤上。因为它须经由皮肤吸收、所以要等数小时后才起作用。您可能需要在手术前晚就贴上、当您手术后药性就开始发生作用。

如您的医疗人员叫您手术前使用：

1. 在手术前的晚上使用。一次使用一片。切勿将它剪开。
2. 选择耳后没有头发的皮肤、以清洁干燥的纸巾擦净。避免有伤痛的部位。
3. 从封袋有点线的地方剪开。将贴片取出。
4. 将贴片由 6 角形的透明塑胶片剥下。手尽量不要接触到有粘黏性的一边。
5. 将有粘黏性的一边（银色）贴到耳后的皮肤上。肤色的一边在外。确认贴片已黏在您的皮肤上。特别是边缘部位。
6. 贴片已在耳后贴妥后、切勿将它取下。它可使用 3 天。

您有疑问吗？

我们很重视您的疑问。
当有疑问或顾虑时，请
致电 **206-598-6190** 传呼
接线生、传呼当值的住
院医生联系您的手术医
生。

重要的注意事项

- **贴片贴妥后、勿必以清水、肥皂将手上的东莨菪碱洗净。**如此药物接触到您眼睛时、它可能会导致短期视力模糊及扩张瞳孔（即您眼睛中心的黑眼珠）、除非您同时有眼痛及白眼球部分发红、否则并不严重。您的瞳孔会自然恢复正常。
- **您用后抛弃时、它仍然含有药性。**请按照下列步骤以策安全：
 - 将它对摺、有胶的一面在里面。
 - 将它丢在有防儿童盖的垃圾桶、儿童及宠物接触不到的地方。

手术后如何使用贴片

- 手术后至少持续贴 24 小时。到时如已不感恶心、即可将它取下抛弃。如您仍感恶心、可再持续使用、最久可使用三天。三天后您如仍然感到恶心、则请您与您手术医生联系。
- 在使用贴片期间您可游泳或洗澡、但如太湿它可能会脱落。如贴片脱落、请将它丢弃（遵照上述注意事项）。

副作用

东莨菪碱贴片最常见的副作用：

- 口干
- 有睡意
- 视力模糊或瞳孔放大（通常是因为您手上沾有东莨菪碱、然后接触到眼睛）

偶而此贴片会导致思想混乱、易怒、或情绪不稳、行为不正常。特别是对老年人。

如有下列症状请与您的医生联系：

- 排尿困难（取下贴片）
- 眼睛疼痛、发红、瞳孔放大（取下贴片）
- 皮肤起疹子
- 心率改变
- 严重的便秘

UNIVERSITY OF WASHINGTON
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Patient Care Services

1959 N.E. Pacific St. Seattle, WA 98195



Scopolamine Patch

What it is and how to use it

This handout explains how to use a scopolamine patch. This patch is used to help prevent nausea and vomiting after having general anesthesia.

What is scopolamine?

Scopolamine is a medicine that prevents nausea and vomiting. It is often used to prevent the nausea and vomiting that can occur after having general anesthesia. Scopolamine makes the nerves that cause the vomiting reflex less active.

How to Use the Scopolamine Patch

Scopolamine comes as a round patch with 1 sticky side. It is placed on the skin behind the ear. It takes a few hours for the scopolamine to work, since it has to go through the skin. You may need to apply the patch the evening before surgery so that the medicine is working by the time your surgery is over.

If your provider tells you to use the patch before your surgery:

1. Apply the patch the evening before your surgery. **Wear only 1 patch at a time.** Do not cut the patch.
2. Choose a hairless area of skin behind 1 ear. Avoid placing the patch on any cuts or sore areas. Wipe the area with a clean, dry tissue.
3. Cut along the dotted line on the patch container and remove the patch.
4. Remove the clear plastic 6-sided backing from the patch. Try not to touch the sticky side of the patch with your hands.
5. Place the sticky (shiny) side of the patch on the skin behind your ear. The tan-colored side should be showing. **Make sure the patch sticks firmly to your skin, especially around the edge.**
6. Once you have placed the patch behind your ear, do not move it. It can stay in place up to 3 days.

Questions?

Your questions are important. Call the paging operator at **206-598-6190** if you have questions or concerns. Ask for the resident on call for your surgeon to be paged.

Important Precautions

- **After you have put the patch in place, be sure to wash your hands thoroughly with soap and water to remove any scopolamine from them.** If this drug comes into contact with your eyes, it could cause short-term blurry vision and *dilation* (widening) of your *pupils* (the dark circles in the center of your eyes). Unless you also have eye pain and the whites of your eyes get red, this is not serious. Your pupils should return to normal.
- **When you throw out a used patch, it will still have active medicine in it.** Follow these safety steps:
 - Fold the patch in half with the sticky side together.
 - Place it in a child-protected, covered trash can, out of the reach of children and pets.

Wearing the Patch After Surgery

- Keep the patch in place for at least 24 hours after surgery. At that time, if you do not have nausea, you may remove it and throw it away. If you still have nausea, you may keep the patch on for up to 3 days. Call your surgeon if your nausea lasts longer than 3 days.
- It is OK to swim or take a bath while you are wearing the patch, but it may fall off if it gets too wet. If the patch does fall off, throw it away (follow the precautions in the section above).

Side Effects

The most common side effects of the scopolamine patch are:

- Dry mouth
- Drowsiness
- Blurry vision or enlarged pupils (this usually occurs if you have scopolamine on your fingers and then touch your eye)

Very rarely, the patch may cause confusion, agitation, and mood or behavior changes. This is more common in the elderly.

Call your doctor if you have:

- Difficulty urinating (remove the patch)
- Pain and reddening of your eyes, with enlarged pupils (remove the patch)
- Skin rash
- Change in your heart rate or rhythm
- **Severe** constipation

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