# UW Medicine UNIVERSITY OF WASHINGTON MEDICAL CENTER

## **Surgery at UWMC - Northwest Campus**

What you need to know

This handout is for patients who are having their surgery at the outpatient surgery center at UWMC - Northwest campus.

### **Before Your Surgery**

- Expect a call from surgery center staff 3 to 5 days before your surgery. They will tell you the time of your surgery and your check-in time. If you do not receive this call by 2 days before your surgery, please call 206.668.1010.
- If you need to talk with the surgery center on the day of your procedure, call 206.668.6604.



Surgery center staff call patients 3 to 5 days before their surgery.

 If you need driving and parking directions, ask your clinic nurse for that handout.

#### **On Surgery Day**

- Do not eat anything for at least 8 hours before check-in.
- You may have 1 cup of clear liquid 3 hours before check-in. Clear liquids include water, coffee or tea with no milk or cream, apple juice, and clear broth.
- Starting 3 hours before check-in, do not eat or drink anything.
- If you will need medical equipment after surgery, bring it with you. This includes braces, slings, and crutches. If you wear glasses or contacts, bring them with you, and a case to put them in.
- There is a small deli and coffee stand where people who are waiting for you can get a snack or drink while you are in surgery.

### **New Medicines After Surgery**

The outpatient surgery center does not have a pharmacy. There is a pharmacy on the main UWMC - Northwest campus. Or, you may stop by your local pharmacy on your way home.

#### **Questions?**

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

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