

## Ultrasound: After Your Guided Thoracentesis

*If you had your procedure in the Radiology department*

*This handout gives self-care guidelines for UW Medicine patients to follow after having an ultrasound-guided thoracentesis.*

### What to Expect

- For up to 1 hour after your procedure, you may feel:
  - A need to cough
  - Some tightness in your chest
  - Sharp, radiating pain when you take a deep breath
- Your procedure site may be sore or tender as the local anesthesia wears off.
- The disinfectant we used to clean the site may have stained your skin. It will wash off.



### Activity

Relax and do only light activity for the rest of the day.

### For 24 Hours

*Relax for the rest of the day.*

- Do **not** shower or get the procedure site wet.
- Do **not** lift, push, or pull anything that weighs more than 10 pounds (a gallon of milk weighs almost 9 pounds).

### Self-care

- Remove the bandage about 24 hours after your procedure.
- After you remove the bandage, you may shower or take a bath. **Do not scrub the site.** Wash the site gently and pat it dry.
- Watch for signs of infection:
  - Redness, swelling, warmth, or pus at the procedure site
  - Fever higher than 100.4°F (38°C)

## If You Have Questions or Concerns

During office hours, between 7 a.m. and 5 p.m., call one of the numbers listed below if you have:

- Mild fever, pain, redness, swelling, or dizziness
- Mild shortness of breath, chest tightness, or chest pain
- Any other non-urgent questions or concerns

## Who to Call

### UWMC - Montlake Patients

Weekdays from 8 a.m. to 5 p.m.:

- Non-Vascular Interventions.....206.598.3725
  - Advance Practice Provider .....206.598.7977
  - Procedure Coordinator.....206.598.0124

After hours and on weekends and holidays, call 206.598.6190 and ask to page the IR Resident on call.

### Harborview Medical Center (HMC)

Weekdays from 8 a.m. to 5 p.m., call .....206.744.6913

After hours and on weekends and holidays, call 206.744.3109 and ask to page the IR Resident on call.

### UWMC - Northwest

Weekdays from 8 a.m. to 5 p.m., call .....206.598.6209

After hours and on weekends and holidays, call 206.598.6190 and ask to page the IR Resident on call.

## Urgent Health Concerns

Call 911 or go to nearest emergency room **right away** if:

- You have heavy bleeding at the procedure site
- Your shortness of breath, chest pain, or chest tightness gets worse
- You feel very dizzy or lightheaded
- Your pain gets worse
- The site suddenly becomes firm and very painful

## Who interprets the results and how do I get them?

A radiologist who specializes in ultrasound will review the images and send the report to the provider who referred you for the exam. The radiologist may talk with you about early findings when your exam is over.

Your own provider will review the results and talk with you about them. You and your provider will then decide the next step, such as treatment for a problem, as needed.

You may also read your results on your MyChart page. If you need copies of your images on disc, call 206.598.6206.

### Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

- ☐ UWMC - Montlake Imaging Services: 206.598.6200
- ☐ Harborview Imaging Services: 206.744.3105
- ☐ UWMC - Northwest Imaging Services: 206.668.4240