

Warning Signs

After your lung transplant

This handout for lung transplant patients lists warning signs that require a call to the Lung Transplant Team.

Keep us posted about any changes in your health after your lung transplant. If you have any symptoms that concern you, **CALL!**

We want to catch any problems early. No issue is too small when it comes to caring for you and your new lung(s). Your well-being is important to us!

When to Call

Call the Lung Transplant Team if you have any of the symptoms listed here.

Lungs and Breathing

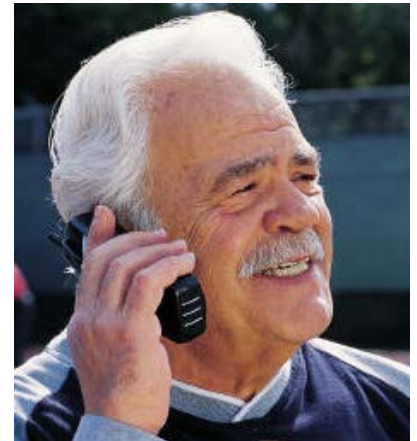
- Decrease in spirometry (FEV1 of 10% or more from your baseline)
- Shortness of breath
- Coughing or coughing more than usual
- Coughing up blood or green-colored mucus

Overall Health

- Big drop in your energy level
- Symptoms of a cold or flu
- Fever higher than 100.4°F (38°C)

Stomach, Bowel, and Urinary Tract

- Vomiting, or you vomited up your immunosuppressive medicines
- Diarrhea
- Pain in your belly
- Pain or burning when you urinate



Call the Lung Transplant Team if you have any symptoms listed in this handout, or any issues that concern you.

Skin and Incisions

- Redness or drainage from a wound
- New sores or rashes

Heart and Circulation

- Chest pain
- Sudden drop or rise in your blood pressure, with headache, feeling lightheaded or dizzy, or seeing spots
- Sudden change in your heart rate
- Heart rate goes higher than 130 (without exercise) or lower than 60 beats a minute
- Increased ankle swelling, along with weight gain

This list does not have every symptom that may occur. **If you are unsure about calling us, CALL!**

Who to Call

- Weekdays from 8 a.m. to 4 p.m., call the Post-Lung Transplant Coordinator at 206.598.5668. If you reach voicemail, leave a message. Include your name, number, and why you are calling.
- After hours and on weekends and holidays, call 206.598.6190 and ask for the Pulmonary Transplant Fellow on call to be paged. **Tell the person who answers that you are a lung transplant patient.**

Urgent Care Needs

If you feel you are having a health emergency:

- **Call 911 right away.**
- If you are in the Seattle area, ask the paramedics to take you to the Emergency Room at University of Washington Medical Center - Montlake.
- If you can, have someone call the Post-Lung Transplant office and tell us that you are on your way to the Emergency Room.

Questions and Concerns

For questions about clinic visits, medicine refills, or other concerns, call the Post-Lung Transplant office at 206.598.5668 weekdays from 8 a.m. to 4 p.m.

Questions?

Your questions are important. Call the UW Medicine Lung Transplant Team if you have questions or concerns:

Weekdays from 8 am. to 4 p.m.: Call 206.598.5668.

After hours and on weekends and holidays: Call 206.598.6190 and ask to page the Pulmonary Transplant fellow on call.