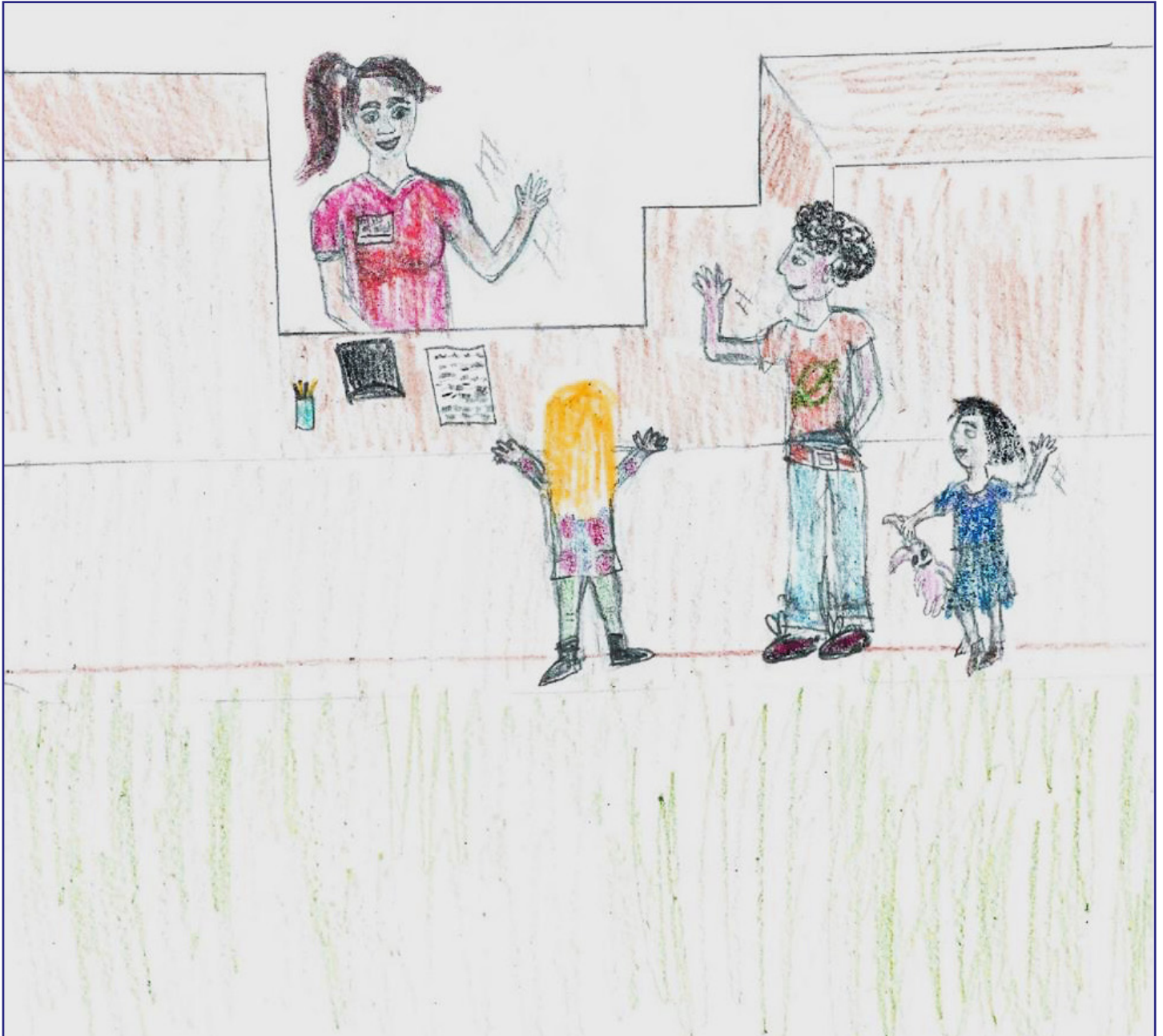


Welcome to the ICU!

Coloring and Activity Book



Drawing by Jadin

Sometimes when people are very sick, they need special care in a place called the Intensive Care Unit (ICU). Color the picture below and add things you see in the ICU.



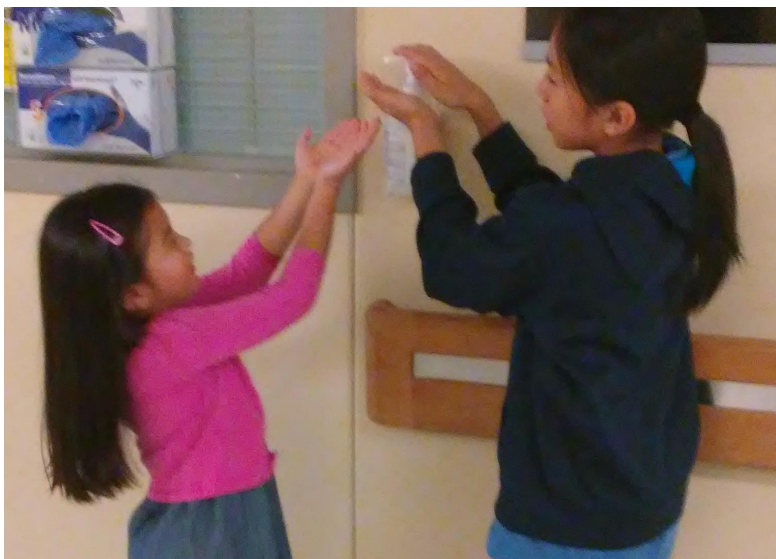
Drawing by Jadin

One of the most important things you can do is clean your hands before and after you visit your loved one's room. Cleaning your hands help stop germs. It can be done in 2 ways:

1. You can wash your hands with soap and water.



Or



2. You can use hand gel.

Models: Kai and Hina

Word Scramble

Sometimes people need to wear special clothes when they visit their loved one's room. These clothes help protect their loved one's health.

Be sure to ask a grownup if you need to put on special clothes before you enter your loved one's room.

Unscramble these letters to find out what you might need to wear:



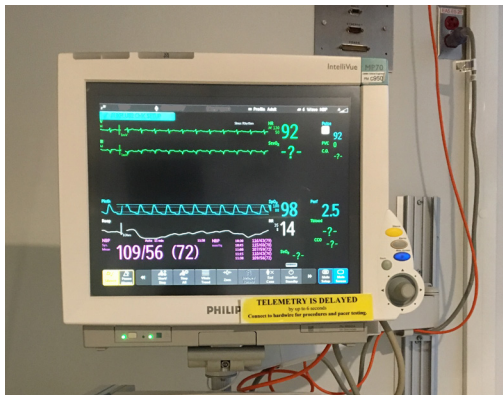
1. L E V O G

2. W G N O

3. A K M S

For answers, turn to page 7.

You may see and hear lots of special machines in your loved one's room. These machines are used to help people heal. Let's learn what some of these machines do.

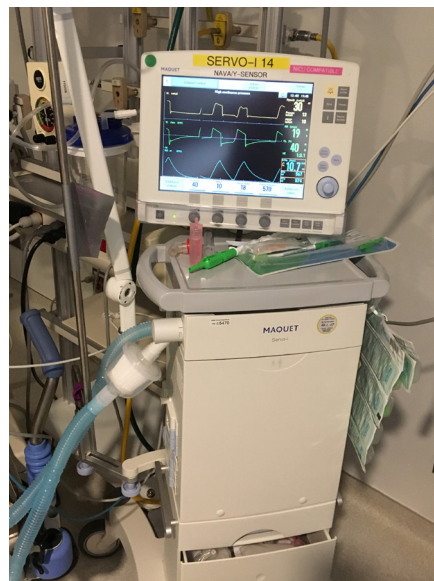


← Monitor

A monitor shows how your loved one's body is working. It shows how fast the heart is pumping and how much oxygen is in the blood.

Ventilator →

A ventilator helps people breathe. It pumps air into the lungs using tubes that go through the mouth or the neck. The lines on the screen tell the nurse how your loved one is breathing.



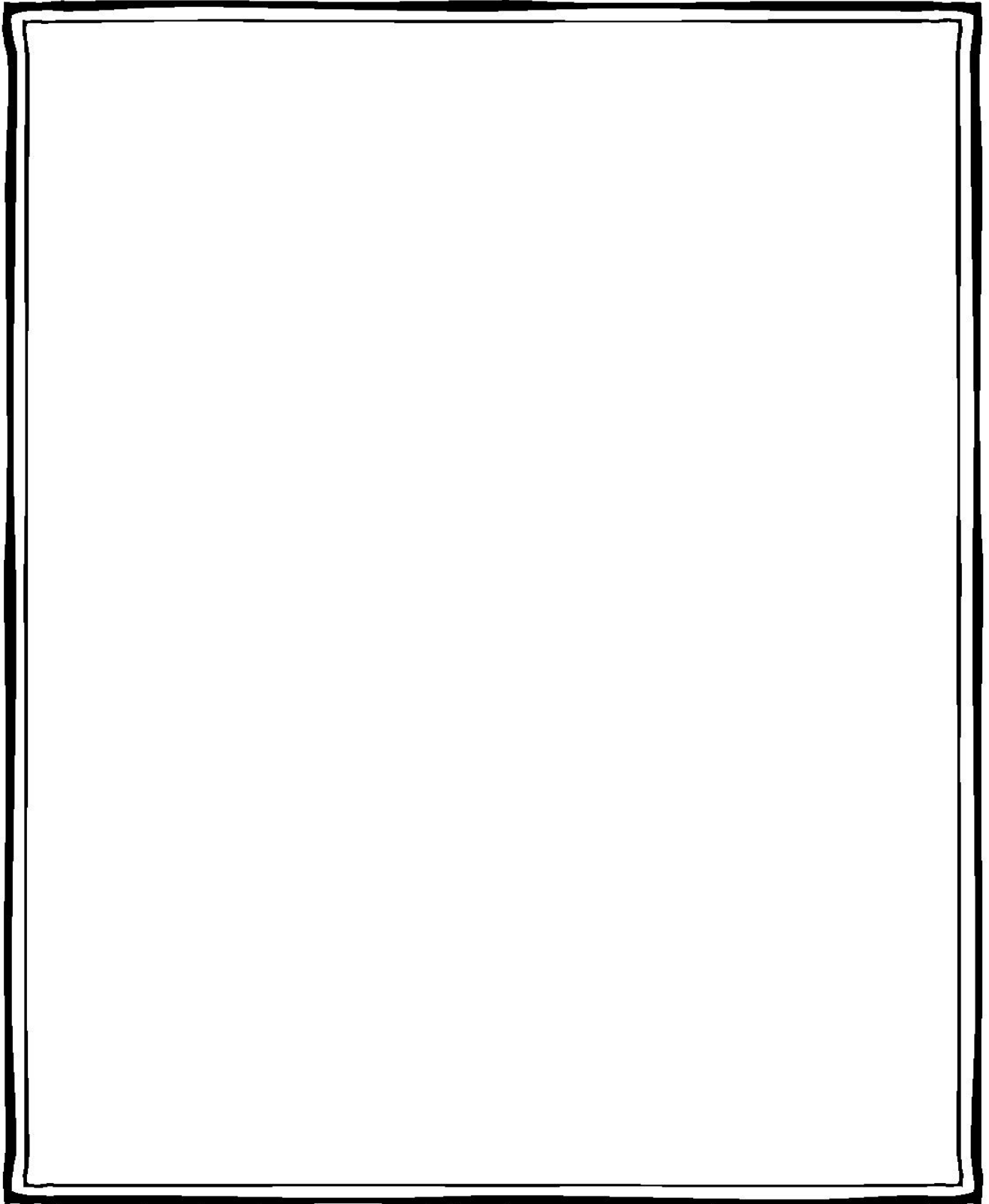
← IV Stand

An IV stand holds bags of medicine and nutrients. These go through tubes and into a person's vein to help them heal. Sometimes you will hear loud beeps coming from the machine. These beeps tell the nurse that something needs to be done.



Circle the machines you see in your loved one's room!

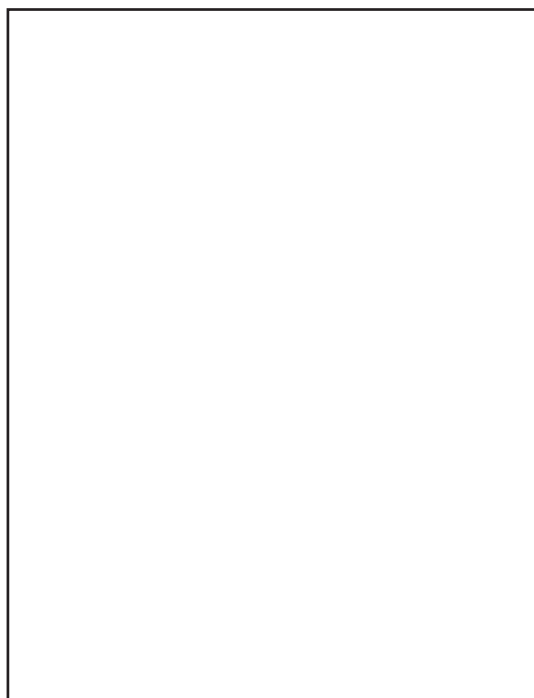
Draw or write about the things you like to do with your loved one.



The people who work at the hospital may all wear different clothes. They might wear a uniform, a white coat, or regular clothes – but, they all will be wearing a special name badge. This badge tells who they are and what their job is.

Make your own name badge:

Draw your face here:



UW MEDICINE

UNIVERSITY OF WASHINGTON
MEDICAL CENTER

Your name:

Your job: _____

Answers for word scramble on page 4: 1. glove; 2. gown; 3. mask


During your visit to the hospital, you may meet some of your loved one's care team. When you do, tell them your name, ask them what they do, and collect their autographs here:




Try to find people who do the jobs listed below, and check them off when you do:

- | | |
|------------------------------------------------------|---------------------------------------------------|
| <input type="checkbox"/> Nurse | <input type="checkbox"/> Environmental technician |
| <input type="checkbox"/> Social worker | <input type="checkbox"/> Phlebotomist |
| <input type="checkbox"/> Doctor | <input type="checkbox"/> Respiratory therapist |
| <input type="checkbox"/> Physical therapist | <input type="checkbox"/> Occupational therapist |
| <input type="checkbox"/> Patient care technician | <input type="checkbox"/> Spiritual care provider |
| <input type="checkbox"/> Patient services specialist | <input type="checkbox"/> Dietary technician |


Things You Can Do During Your Visit



Decorate
your loved one's
room with
photos or art



Make a card
for your
loved one



Play quiet
music or
sing a song



Draw
a picture



Write a note



Talk about
favorite
memories



Read
to your
loved one



Create a
"Get to
Know Me"
poster

Word Search

V	C	L	O	V	E	P	L	J	S
H	H	L	M	G	A	N	G	T	O
E	P	A	A	E	B	E	D	P	A
A	D	A	S	L	L	P	A	A	P
R	F	E	K	G	O	W	N	T	W
T	I	A	V	T	K	S	A	I	V
T	G	D	O	C	T	O	R	E	W
M	J	I	Z	X	A	Y	P	N	Q
F	A	M	I	L	Y	V	W	T	V
L	U	N	G	N	U	R	S	E	M

Find these words in the puzzle above and cross them out when you find them!

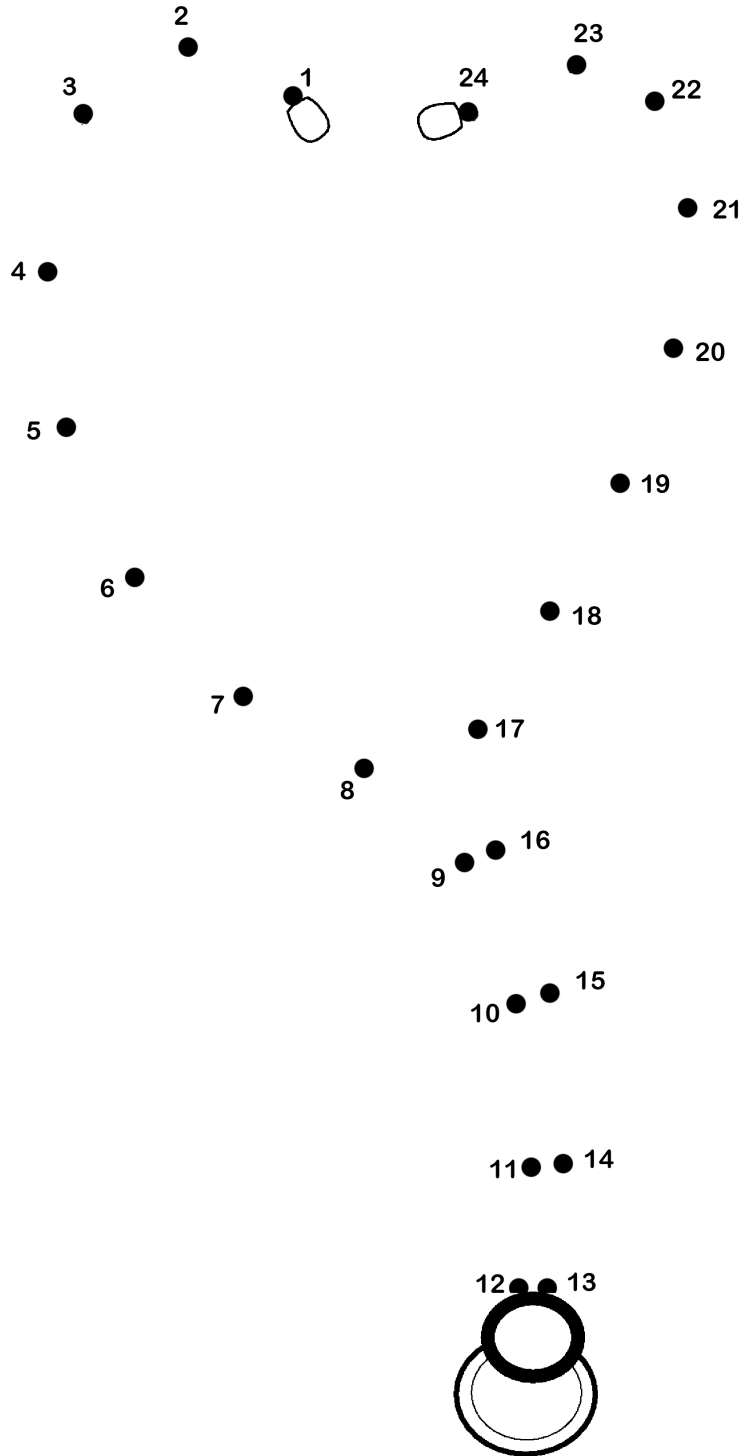
BED DOCTOR FAMILY PATIENT GOWN

HEART SOAP LUNG MASK NURSE

GEL LOVE

Connect the Dots

Have you seen
someone use this?
It is used to hear a
person's heart.



If you know what it
is, fill in the missing
letters in the word
below:

S _ _ E _ _ H O _ _ C _ _ _ E

Human Body Coloring Page

