

When to Call Your Anticoagulation Clinic

You can call your Anticoagulation Clinic at any time of day. If you hear a recording, leave a message with your name and phone number. We will return your call as soon as we can during regular business hours. See the questions box below for your clinic's phone number.

Call your clinic if:

- You miss a dose of your anticoagulant medicine.
- Your new tablets or syringes look different when you refill your prescription.
- Anyone tells you to stop or change your anticoagulation therapy.
- You or your doctor have changed your current medicines, including:
 - Prescription medicines
 - Over-the-counter medicines
 - Herbal or natural products
 - Vitamins or supplements
- You have any unusual or prolonged bleeding such as:
 - Nosebleeds that last longer than 5 minutes
 - Red or dark-brown urine
 - Red or dark, tarry stools
- You have more bruising than usual from an injury or fall.
- You have a fever or an illness with vomiting, diarrhea, infection, pain, or swelling.
- You are scheduled for surgery, an invasive procedure, or dental work.
- You are pregnant or planning to get pregnant.
- You have any other questions about your anticoagulation therapy.

If you take warfarin, call the clinic if:

- You start eating more or fewer foods that contain vitamin K. Some examples include:
 - Leafy green vegetables like kale, spinach, or collards
 - Some nutrition drinks like Boost, Ensure, or Slim Fast

If you have an emergency: Call 911 right away.



Scan for a digital copy of this handout.



Call your clinic if you have any questions about your anticoagulation therapy.

Questions?

Your questions are important. Call your doctor or healthcare provider if you have questions or concerns.

Anticoagulation Clinics:

- **UWMC - Montlake:**
206.598.4874
- **UWMC - Northwest:**
206.668.1282
- **Harborview Medical Center:** 206.744.2976